Professional Practice Handbook

Counselor Education Master’s Degree Programs

Clinical Mental Health Counseling
Clinical Rehabilitation Counseling
School Counseling

COUN 7910 Practicum
COUN 7920 Internship

Auburn University
Department of Special Education, Rehabilitation, and Counseling
# TABLE OF CONTENTS

**Introduction to Professional Practices** .................................................................................................................. 1  
**Practicum and Internship Placements** ....................................................................................................................... 1  
**Professional Parameters/Issues** ................................................................................................................................. 2  
  - Informed Consent ......................................................................................................................................................... 2  
  - Emergency Procedures .................................................................................................................................................. 2  
  - Ethical Guidelines ....................................................................................................................................................... 3  
  - Professional Liability Insurance ................................................................................................................................. 3  
  - Professional Behavior .................................................................................................................................................. 3  
**Practicum** ........................................................................................................................................................................ 3  
  - Supervision ................................................................................................................................................................. 3  
  - Required Work Samples .......................................................................................................................................... 4  
  - Client Case Conceptualization Presentation ............................................................................................................. 5  
**Practicum and Internship Documentation and Case Notes** .......................................................................................... 6  
**Practicum and Internship Counseling Hours** ............................................................................................................... 6  
**Summary of Required Materials for Practicum and Internship** ................................................................................... 7  
**Counselor Education Masters’ Professional Practice Forms** ....................................................................................... 8  
  - Practicum and Internship Student Contract .............................................................................................................. 9  
  - Counselor Education Master’s Programs Supervisor Contract .............................................................................. 11  
  - Practicum Log Instructions and Expectations ............................................................................................................ 14  
  - Counselor Education Master’s Programs Practicum Log ......................................................................................... 16  
  - Practicum Mid-Term and Final Evaluation Form .................................................................................................. 18  
  - Practicum Evaluation Rubrics ................................................................................................................................ 21  
  - Internship Student Self Evaluation .......................................................................................................................... 21  
  - Internship Site Supervisor Evaluation ....................................................................................................................... 35  
  - Counseling Student Evaluation of Practicum or Internship Site ............................................................................ 38  
  - Counseling Student’s Evaluation of University Supervisor .................................................................................. 40  
**Appendix A: Clinical Mental Health Counseling Professional Practice Syllabi and Forms** ..................................... 41  
  - Practicum and Internship Information Sheet ........................................................................................................... 42  
  - COUN 7910 Syllabus .................................................................................................................................................. 43  
  - Adult Information and Consent Form ........................................................................................................................ 52  
  - Standard Adult Intake Form ...................................................................................................................................... 53  
  - Child/Adolescent Informed Consent .......................................................................................................................... 54  
  - Standard Child/Adolescent Clinical Mental Health Assessment Intake ................................................................. 56  
  - Session Summary Form .............................................................................................................................................. 57  
  - Counseling Treatment Plan .................................................................................................................................... 60  
  - Guidelines for Case Conceptualization ...................................................................................................................... 61  
  - Case Presentation Rubric ........................................................................................................................................... 62  
  - COUN 7920 Syllabus ................................................................................................................................................. 63  
  - Client Conceptualization ......................................................................................................................................... 69  
  - Internship Log ............................................................................................................................................................ 71
Appendix B: Clinical Rehabilitation Counseling Professional Practice Syllabi and Forms

Practicum and Internship Information Sheet
COUN 7910 Syllabus
Adult Information and Consent Form
RSED 7920 Syllabus
Application for Rehabilitation Counseling Internship
Site Supervisor Information
Internship Approval Form
Internship Log

Appendix C: School Counseling Professional Practice Syllabi and Forms

Practicum and Internship Information Sheet
COUN 7910 Syllabus
Progress Notes and Session Summaries
Individual Counseling Plan
Case Conceptualization
Case Presentation Evaluation Rubric
COUN 7920 Syllabus
Internship Hours Log
Lesson Plan Template
Classroom Guidance/Core Curriculum Formative Feedback Form
INTRODUCTION TO PROFESSIONAL PRACTICES

Professional practice, which includes practicum and internship, provides for the application of theory and the development and enhancement of skills for client assessment, planning, intervening, and evaluating. These experiences will provide opportunities for students to provide counseling services to diverse clients. Site placements made by the clinical coordinator or program coordinator of the student’s area of specialization. All site placements will be located in sites which include counseling is one of the primary professional activities and shall be supervised counseling professional who has a minimum of two years of post-master’s experience.

PRACTICUM AND INTERNSHIP PLACEMENTS

Placements for practicum and internship sites is a collaborative process between the student, counseling sites, and the university. Students will follow the placement protocols for their respective programs:

Clinical Mental Health Counseling:

In the CMHC program, students will be introduced to possible practicum and internship sites by their program faculty. After learning about the sites, students will be asked to prepare a resume and cover letter to be disseminated to these sites. In addition to these professional materials, students will also be asked to rank order all of the sites based on preference. The CMHC Program Coordinator will contact the practicum and internship sites to begin the placement process. CMHC students are NOT permitted to contact the practicum/internship sites themselves unless instructed by program faculty. Once the practicum/internship sites review the student applicants’ information, they may contact the student to schedule a professional interview. After the interview process, practicum/internship sites will contact the Practicum Coordinator with their student recommendations.

Professional Interview. CMHC students will participate in professional interviews during the practicum and internship placement process. Students are expected to demonstrate professional behaviors during these interviews. If a student is unable to secure a practicum and internship placement after multiple interviews, the program faculty and student’s committee may meet to discuss the student’s fitness for the practicum and internship process.

Testing. CMHC students may be required to take a drug test, participate in a background check or participate in other testing per site placement policies. If a CMHC student does not pass the testing offered by the potential site, their standing in the program may be at risk. Oftentimes, CMHC students are required to pay for these tests for placement consideration.
Clinical Rehabilitation Counseling:

For practicum in Clinical Rehabilitation Counseling, students in the on-campus typically work with the local Community Rehabilitation Program, Achievement Center Easter Seals or other appropriate placements. In addition, students have the option to work with the Alabama Governor’s Youth Leadership Forum in which they work with high school consumers focusing on the transition from school to work or school to post-secondary training. Students in the distance education program will work with faculty to identify appropriate placements in the area in which students live. Sites vary including non-profit agencies and state/federal programs, and the site must be approved by the Clinical Rehabilitation Counseling Clinical Coordinator. Internship placements are collaboratively identified by faculty and the student in order to best meet the professional practice goals and availability of the student. Approval must be obtained from the University Supervisor regarding the site selected prior to beginning the internship. It is suggested to start locating internship location (6) six months prior to internship. Rehabilitation scholars are required to complete 300 hours of their internship in the state vocational rehabilitation program.

School Counseling:

In the School Counseling program, students will select their preferred practicum and internship sites and notify the School Counseling Program Coordinator of their selections. The School Counseling Program Coordinator will complete a field experiences site placement form and submit the form to the Field Experiences Coordinator in the College of Education (COE) at Auburn University. The COE Field Experiences Coordinator will submit the form to the appropriate entities in each district for approval. The COE Field Experience Coordinator will notify the School Counseling program coordinator of denial or acceptance and the program coordinator notifies the practicum/internship student of the decision. This process will continue until the student has been placed.

PROFESSIONAL PARAMETERS/ISSUES

Informed Consent

Before you initiate a counseling relationship, you must first inform your client of any limits to confidentiality, your status as a counselor-in-training, and any site-specific information which your site supervisor has provided. You must also secure your client’s permission to tape the counseling sessions. Your particular site may have a form that they prefer you to use. If not, please use the Auburn University form provided by your course instructor.

Emergency Procedures

You also need to ask your site supervisor about the emergency procedures under which your site operates. What are the hours of operation? Who/Where should clients call if they have an emergency after hours? How should you proceed if you have an emergency situation with a
client? You are only allowed to see clients under supervision, and you are not available to clients after hours or off-site. You should not give your home phone number to clients but should have an alternate emergency number to give them should they request it, or should you determine that they are at risk. You should confirm with your site the emergency number. In addition, you may provide the emergency number for EAMH (334) 742-2877 or (800) 815-0630.

**Ethical Guidelines**

When you enter into a counseling relationship, you are entering into an agreement with your client to keep their welfare foremost during your time together. You are agreeing to provide the treatment/counseling most appropriate to address the client’s concern, to treat the client with respect, to refer when appropriate, and not to exceed your level of competence. You should be familiar with the [ACA Code of Ethics (2014)](https://www.acc.org/ethics) as well as ethical guidelines specific to your specialty area including the Alabama Board of Examiners in Counseling’s [Code of Ethics and Standards of Practice (2016)](https://www.bocac.cc.al.us/), [ASCA Ethical Standards for School Counselors (2016)](https://www.asca.org/), and the [Code of Professional Ethics For Rehabilitation Counselors (CRCC, 2017)](https://crcc.org/) and use them as a guide for behaving in a professional, ethical manner.

**Professional Liability Insurance**

All College of Education Interns are covered under the Department of Education’s Limited Professional Liability Policy. Each student is automatically billed for the insurance during the fall semester of each year of enrollment. If the student needs verification of this liability insurance they may request a Certificate of Verification of Insurance from the [Department of Risk Management and Safety](https://www.ua.edu/riskmanagement/), 334-844-4870. Students are also required to purchase their own individual professional liability insurance through organizations such as [HPSO](https://www.hps.org/), the [National Board of Certified Counselors (NBCC)](https://www.nbcc.cc), or [Lockton Affinity LLC](https://www.lockton.com/) and provide proof of coverage for student files in the department.

**Professional Behavior**

Although the primary purpose of practicum is to assist you in the continued development and application of counseling skills, you are also a representative of the CMHC Program and contractor with the site. Thus, you are expected to operate under the norms of the site by adhering to their policies and procedures of daily operations. This includes, but is not limited to, being punctual, dressing appropriately, and presenting oneself professionally. As you continue the development of your professional identity, it is very important to be aware of current issues and trends. You can learn a lot about the profession through contact with counselors at your site, supervision/consultation, membership in professional organizations (e.g., ACA, ALCA, AMHCA, ASCA, CRCC) and attendance at professional development workshops and seminars.
PRACTICUM

SUPERVISION

Supervision is a requirement of practicum, and it is designed to assist students to develop competence in counseling and to monitor the level and appropriateness of services provided for clients. Supervision involves a supervisor, who is a senior member of the profession, and one or more supervisees, who are junior members of the profession. The supervisor works with the supervisee to enhance his/her professional competence and monitors the quality of counseling services extended to the client. The relationship is evaluative and extends over time (Bernard & Goodyear, 2014).

Your University-appointed supervisor will be either a counselor education program faculty member or a doctoral student who is supervised by a counselor education program faculty member.

1. Counselor education program faculty members serving as individual/triadic supervisors have counseling supervision training and experience, relevant clinical experience, and appropriate professional credentials.
2. Doctoral students who provide individual/triadic supervision must (1) have completed CACREP entry-level counseling degree requirements, (2) have completed or are receiving preparation in counseling supervision, and (3) be under supervision with a counselor education program faculty member.

Supervision appointments are scheduled to fit into the needs of your site, yourselves, and your individual and group supervisors. You must attend an average of one hour of individual/triadic supervision with your University-appointed supervisor every week in order to continue to see clients. In the event of an emergency or illness, your supervisor will work with you to reschedule so that client sessions are not interrupted. However, if you are persistently absent or late for non-emergency reasons or fail to submit materials in a timely fashion so that you and your supervisor cannot be prepared for supervision, you may not be allowed to see clients and your continuation in the practicum class may be discontinued. We all have a responsibility to each and every client you see, and a large part of demonstrating commitment to these responsibilities is through your preparedness for and participation in both group and individual supervision.

REQUIRED WORK SAMPLES

Work samples are required to successfully complete practicum (COUN 7910). Students are expected to submit an average of two recorded counseling sessions weekly throughout the semester in which they are enrolled in practicum. Students must submit a minimum of 15 work samples throughout the semester in order to complete practicum. Please see the COUN 7910 syllabus for the specific disciplines on the definition of a work sample.

There are three principal purposes for submitting actual work samples, such as digital recordings of counseling sessions:
• The supervisor needs to monitor the services that are being provided to the clients/students. Work samples provide evidence that the strategies being used with clients are empirically supported or based on theory and ethically and legally sound.
• The supervisor assists the supervisee in identifying his or her strengths as well as areas for improvement. The supervisor focuses on your development as a counselor, as well as on the client’s needs. Additionally, the supervisor is responsible for facilitating your development over time and with a variety of different types of clients/students.
• Work samples are intended to be an instructive tool. They should lead you to reflection, help you determine the ways you need to improve, and find the types of learning experiences you need to be an effective counselor for clients/students with a wide variety of needs. You are expected to review your tapes to identify your specific areas of strength and weakness. Use these discoveries to develop professional, and, at times, personal development goals. These reflections should be discussed in your supervision sessions. What exactly do you believe you need to work on and how can your supervisor help you develop strategies leading to improvement? Supervision, like counseling, is not a passive process.

Your recorded sessions are due to your supervisor 48 hours prior to your supervision appointment or at a time agreed upon by you and your University supervisor. You are responsible for uploading your recorded counseling sessions to your G-drive folder. Your supervisor will listen to the sessions and provide you with feedback.

In the rare case that the practicum site does not permit recordings, live supervision must be conducted by the student’s site supervisor, meaning the supervisor will sit in on or otherwise observe the student’s counseling sessions with clients. Such live supervision must be completed on a weekly basis and be documented by the site supervisor. The site supervisor will provide weekly reports on his or her observations of the students counseling, specifically to meet the purposes as outlined above for taping counseling sessions. A minimum of fifteen live supervision observations must be completed in order to satisfy this requirement of practicum.

CLIENT CASE CONCEPTUALIZATION AND PRESENTATION

A client case conceptualization presentation is required of all students in order to complete practicum. For this assignment, students are expected to develop a PowerPoint presentation and present all components of the presentation in group supervision. Required forms (e.g., intake, treatment plan) will vary by specialty area and should be turned into the group supervisor before the student’s presentation. The following components are required, and students must also review their practicum syllabus for additional requirements designated by the specialty area or group supervisor.
- Client’s presenting concern and background information gathered at first appointment
- Information gathered via formal and/or informal assessments
- Client’s goals for counseling
- Conceptualization of the client’s concerns through a theoretical lens (including all components of the Case Conceptualization Guidelines)
- Plan for counseling including short-term and long-term goals, theory-based interventions, and evaluation (e.g., treatment plan, individualized plan for employment)
- Description of a single counseling session’s focus, goals, interventions, process, and observations of progress (e.g., progress note)
- At least one segment of the audio recording of this counseling session that demonstrate the student’s counseling skills (e.g., assessment, implementing an intervention, evaluating the effectiveness of counseling, etc.).

* The forms used for this assignment vary by specialty area, and therefore, they are found in respective appendix for each program.

PRACTICUM AND INTERNSHIP DOCUMENTATION AND CASE NOTES

The purpose of documentation for the practicum and internship is for educational reasons. For any documentation submitted to University supervisors, please remove all identifying information and use a coding system to identify clients to ensure client confidentiality. You are required to write a progress note for each individual or group counseling hour recorded on your practicum or internship hour log. For each recorded counseling session for practicum, students are also required to complete a session summary after listening to the session themselves and prior to the student’s supervision session with the University supervisor. Progress notes and session summaries are also due to your supervisor 48 hours prior to supervision. You and your supervisor are responsible for the welfare of all clients you see each week, not just those for whom you submit recorded sessions.

Practicum and internship students are not permitted to keep their own personal “case” notes of client progress and individual impressions. Students are strongly encouraged to refer to their documentation at site or submitted to the university to help them recall important information related to specific client cases. Personal case notes are not protected by the Auburn University professional liability insurance and can be admissible in court.

PRACTICUM AND INTERNSHIP COUNSELING HOURS

Your placement request is for a specified length of time, typically starting the first week of the semester through the last week. Although there are specified minimum numbers of hours for both practicum (100 hours) and internship (600 hours), you are obligated to continue in your placement for the full semester, regardless of whether you complete the required number of hours earlier in the semester. Remember, your commitment is to your clients and to the sites that work with our programs to ensure that students have opportunities to develop critical professional skills. Even though an important educational need is met by your placement, the counseling services you provide are first and foremost for the benefit of clients.

Students must complete a minimum of 100 hours providing direct and indirect services for
practicum. Forty (40) direct counseling hours are required. These direct hours are primarily accrued by providing individual counseling services; however, students can accrue up to 15 hours of group counseling in practicum.

Students must complete a minimum of 600 hours providing direct and indirect services for internship. Two hundred forty (240) direct counseling hours are required. These direct hours may be comprised of both individual and group counseling services.

*Students must accrue group counseling experience in either practicum or internship.

**SUMMARY OF REQUIRED MATERIALS FOR PRACTICUM AND INTERNSHIP**

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<tr>
<th>Practicum Documentation</th>
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<tr>
<td>Practicum and Internship Contract</td>
<td>Semester before practicum placement</td>
<td>Practicum and Internship Coordinator</td>
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<td>Information Sheet</td>
<td>First week of class</td>
<td>Course Instructor</td>
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<tr>
<td>Supervisor Resume/CV</td>
<td>First week of class</td>
<td>Course Instructor</td>
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<tr>
<td>Supervisor Contract</td>
<td>First week of class</td>
<td>Course Instructor</td>
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<tr>
<td>Case Conceptualization Presentation</td>
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<td>Client Documentation (Progress notes, session summaries, counseling plans)</td>
<td>Ongoing for each client</td>
<td>University Supervisor/ Course Instructor</td>
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<td>Practicum Log</td>
<td>Midterm and Final</td>
<td>Course Instructor</td>
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<tr>
<td>Site Supervisor Evaluations</td>
<td>Midterm and Final</td>
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<td>University Supervisor Evaluations</td>
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<td>Self-Evaluations</td>
<td>Midterm and Final</td>
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<td>Evaluation of your Site</td>
<td>Final week of class</td>
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<th>Internship Documentation</th>
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Counselor Education Master’s Programs
Professional Practice Forms
The purpose of this document is for the Counselor Education Program faculty to communicate the requirements and expectations for counseling students to apply for and successfully matriculate through the practicum and internship professional practice experiences.

In the application process, I understand that:

1. I must have a strong academic record (3.0 or above in all of my classes and a B or higher in Introduction to Counseling Practice course) in order to qualify for practicum and internship placement consideration;
2. I must demonstrate appropriate classroom behaviors, competent counseling skills and professionalism to be considered for practicum placement;
3. the practicum and internship placement processes are competitive, and I may not be placed at a counseling site that I ranked as a top priority;
4. I may be placed at a practicum/internship site up to 100 miles from Auburn University’s campus;
5. I may not contact site supervisors directly, unless they contact me;
6. program faculty make all final decisions about site placements and approving students to be placed.

At my site, I understand that:

1. I am to comply with all site policies and procedures;
2. I am required to abide by the ACA Code of Ethics as well as professional ethical codes and guidelines specific to my specialty area including but not limited to the Alabama Board of Examiners (ABEC) Code of Ethics and Standards of Practice, ASCA Ethical Standards for School Counselors (2016), and the Code of Professional Ethics for Rehabilitation Counselors (CRCC, 2017), while I am working at my site;
3. I am expected to maintain excellent attendance at the site and use the appropriate call-off procedures in emergency and illness circumstances;
4. I am to arrive on time for my practicum/internship hours;
5. my schedule may not be conducive to the site’s regular operations and that I must be flexible in scheduling my availability and work with the site to make changes or adjustments;
6. although there is a minimum number of hours that I am to work at my site each week (10 to 12 hours a week for practicum and 20 to 40 hours for internship depending on whether I am a full-time or part-time intern), I may be required to schedule additional hours on site to accrue direct hours if I experience a lot of no shows, trouble scheduling clients, transition issues, etc.;
7. I am to provide counseling services at the site for the duration of the semesters in which I am enrolled in the practicum or internship course, even if I completed my required hours;

8. although the majority of counseling services I provide must be with individual clients, I must accrue group counseling hours in practicum and/or internship;

9. I may be terminated by my site supervisor for any reason including, but not limited to, not adhering to site policies, breaking ethics codes, poor attendance, poor professional behaviors, etc. In addition, termination from a site will require a thorough review by my academic committee to determine my progress in the program.

I hereby agree to the above conditions.

________________________________________________________________________
Auburn University Counseling Student Signature Date

________________________________________________________________________
Practicum/Internship Coordinator Date
COUNSELOR EDUCATION MASTER’S PROGRAMS SUPERVISOR CONTRACT
Auburn University
Special Education, Rehabilitation and Counseling
2084 Haley Center
Auburn, Alabama 36849-5222
334-844-7676 (Fax) 334-844-7677

This contract delineates the expectations for all counseling master’s students who are providing services to clients as part of a supervised field experience in counseling, practicum/internship site supervisors, and Auburn University Counselor Education faculty. Questions regarding this contract and student performance should be directed to the following respective clinical faculty/program coordinators:

Dr. Nick Derzis, Clinical Director for Rehabilitation Programs: (334)844-2501
Dr. Malti Tuttle, School Counseling Program Coordinator: (334) 844-3724

Requirements of Practicum and Internship
For COUN 7910 Practicum, students are required to:
1. Work a minimum of 100 hours at a practicum site (pre-approved by the Counselor Education program faculty);
2. Provide a minimum of 40 hours of direct counseling services for clients through the provision of individual and group counseling services;
3. Complete a minimum of 60 indirect hours of counseling-related activities such as staff meetings, clinical documentation, trainings, preparing for counseling sessions, etc.;
4. Complete a client case conceptualization presentation;
5. Participate in one hour of individual supervision at Auburn University per week offered by an appointed university supervisor; and
6. Participate in group supervision each week at Auburn University.

For COUN 7920 Internship, students are required to:
1. Work a minimum of 600 hours at an Internship site (pre-approved by the Counselor Education program faculty).
2. Provide a minimum of 240 hours of direct counseling services with clients through the provision of individual and group therapy services;
3. Complete a minimum of 360 indirect hours of counseling-related activities such as staff meetings, clinical documentation, trainings, preparing for counseling sessions, etc.;
4. Complete a client case conceptualization presentation;
5. Participate in one hour of individual supervision at the practicum site; and
6. Participate in group supervision every other week at Auburn University.
Expectations of Counseling Students

Auburn University counseling students are expected to:
1. Comply with all practicum and internship site policies and procedures;
2. Abide by the ACA Code of Ethics (2014) as well as professional ethical codes and guidelines specific to my specialty area including but not limited to the Alabama Board of Examiners (ABEC) Code of Ethics and Standards of Practice, ASCA Ethical Standards for School Counselors (2016), and the Code of Professional Ethics for Rehabilitation Counselors (CRCC, 2017) while working at their practicum/internship site;
3. Maintain excellent attendance at the site and use the appropriate call-off procedures in emergency and illness circumstances;
4. Arrive on time to their practicum/internship site;
5. Be flexible in scheduling their availability and works with the site to make changes or adjustments if scheduling issues arise;
6. Schedule additional hours on site to accrue direct hours if the student experiences a lot of no shows, trouble scheduling clients, transition issues, etc.;
7. Provide counseling services at the practicum or internship site for the duration of the semesters in which the student is enrolled in the practicum or internship course;
8. Accurately and honestly record direct and indirect hours on their practicum/internship log;
9. Gain experience in group counseling (10 hour minimum) in either practicum or internship.

Expectations of the Practicum or Internship Site Supervisors

The Auburn University Counselor Education faculty will work closely with site supervisors to provide an optimal training experience for counseling students. In order to offer a collaborative and supportive training environment, site supervisors are expected to:
1. Offer one hour of individual supervision to the counseling student each week throughout the practicum or internship placement;
2. Communicate with faculty if a practicum/internship student is not performing adequately to meet the site’s standards;
3. Complete a midterm and final evaluation for each student for both practicum and internship;
4. Offer students an opportunity to lead or co-lead counseling or psychoeducational groups in either practicum or internship;
5. Offer students opportunities to become familiar with a variety of professional activities and resources, including technological resources during their practicum or internship.

Expectations of Counselor Education Faculty

The Counselor Education faculty are committed to student success and preparing competent counselors. In order to provide a supportive training environment, faculty are expected to:
1. Offer group supervision to practicum and internship students as stipulated by the CACREP Standards;
2. Provide weekly individual supervision to doctoral-level university supervisors who supervise counseling students who are in practicum and internship;
3. Communicate with counseling students who are not adequately progressing through practicum and/or internship.

By signing this form, I agree to the requirements outlined in this contract. Failure to abide by this contract could result in removal of the counseling student from the practicum/internship site, the implementation of a remediation plan and/or dismissal from the counseling program.

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<tr>
<th>Counseling Student</th>
<th>Date</th>
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<tr>
<td>Site Supervisor</td>
<td>Date</td>
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<td>AU Faculty</td>
<td>Date</td>
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PRACTICUM LOG INSTRUCTIONS AND EXPECTATIONS

Please use the following instructions to complete the attached log as you complete the 100-hour requirement for practicum (minimum of 40 hours providing direct counseling services).

1. On a weekly basis, document the number of hours of direct counseling services you provided for that week on the log.
   a. Time should be documented in .25-hour increments. For example, if you see a client for 45 minutes, record .75 hours; 15 minutes, record .25 hours; 90 minutes, record 1.5 hours and so on. Please round to the nearest quarter-hour increment.
   b. The term DIRECT means that you are providing FACE-TO-FACE counseling services. This includes individual sessions as well as counseling groups for which you are ACTIVELY leading or co-leading. (Does not apply to any observations of others performing the counseling service). You have to be the one demonstrating these skills to be able to count the time as DIRECT.
   c. No less than 10, but up to 15 hours of group counseling, in which you are leading or co-leading the group, can be counted toward the total of 40 direct service hours.
   d. Students are expected to submit an average of two recorded counseling sessions or live supervision forms weekly throughout the semester in which they are enrolled in practicum. Students must submit a minimum of 15 work samples (averaging 750 minutes overall of tape) throughout the semester in order to complete practicum.
   e. Indirect hours accumulated. All other services that do not fall under this explanation are considered indirect and should be counted as such.

The Direct and Indirect Service Component of your log are Columns 3 through 8. These are hours you will accumulate at your Practicum Site. In addition to the Direct and Indirect Service Component, Column 9 is designated for your site supervisor’s initials.

2. Also on a weekly basis, document the number hours you receive supervision from a University-appointed supervisor.
   a. Students must receive supervision that averages one hour per week of individual and/or triadic supervision throughout the practicum by a university-appointed program faculty member or a doctoral student supervisor. This is MANDATORY. In case of absence due to illness or other crisis condition, practicum students will notify all supervisors. It is the student’s responsibility to make up absences in individual supervision immediately. A student who has not been supervised during their weekly meeting and is unable to make it up within that week will be unable to see clients on site until they have made up their individual supervision time.

Note: The supervision you may receive on site by your practicum site supervisor does NOT satisfy the requirement for one hour of supervision with a university supervisor. Hours accrued in supervision with an on-site supervisor should be
included in Indirect Hours, as this is not a direct service you are providing clients and is often an administrative requirement within agencies and schools to meet staffing needs.

b. Students must attend and receive an average of 1.5 hours per week of group supervision that is provided on a regular schedule throughout the practicum by a program faculty member or a student supervisor. Columns 2 and 3 are provided for the documentation of these hours.
COUNSELOR EDUCATION MASTER’S PROGRAMS PRACTICUM LOG

Auburn University
Department of Special Education, Rehabilitation and Counseling

Counseling Student: ________________________ Counseling Program: ________________________

Semester and Year: ________________________ University Supervisor: ________________________

Site Supervisor: ________________________ Site: ________________________

<table>
<thead>
<tr>
<th>Column 1</th>
<th>Column 2</th>
<th>Column 3</th>
<th>Column 4</th>
<th>Column 5</th>
<th>Column 6</th>
<th>Column 7</th>
<th>Column 8</th>
<th>Column 9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates (By Week)</td>
<td>Individual (minimum of 1 per week)</td>
<td>Group (minimum of 2 per week)</td>
<td>Individual Counseling Hours (e.g. .5, .75, 1)</td>
<td>Number of Recorded Sessions (e.g., 1, 2, 3)</td>
<td>Group Counseling Hours (e.g. .5, .75, 1)</td>
<td>Indirect hours</td>
<td>Total Hours For Week (direct + indirect)</td>
<td>Site Supervisor Initials</td>
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</tbody>
</table>
### SUMMARY
- All UNIVERSITY specific hours are to be documented in Columns 2–3.
- All Site-specific hours are to be documented in Columns 4–8.
COUN 7910 PRACTICUM MID-TERM AND FINAL EVALUATION FORM

Practicum Student: __________________ Site Supervisor: __________________
Individual University Supervisor: ______________ Group Supervisor: ______________
Practicum Site: __________________ Dates of Placement: __________________
Date Midterm Evaluation Completed ______ Date Final Evaluation Completed ______

Please check next to the role of evaluator:
___ University Individual Supervisor ___ Site Supervisor ___ Practicum Student
*A separate form should be completed by practicum student, university supervisor, and site supervisor.

Directions: Using the information found on the accompanying rubric, please designate the extent to which the following objectives have been met through participation in the counseling practicum.

1 = Unsatisfactory, 2 = Developing, 3 = Target, N/O = Not observed

Part One: Counseling Skills

<table>
<thead>
<tr>
<th>Objectives</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>N/O</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to communicate to the client the nature and limits of the counseling relationship.</td>
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<td>The ability to interview the client using direct and indirect methods of inquiry.</td>
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<td>The ability to develop and maintain a productive counselor-client relationship.</td>
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<tr>
<td>Uses basic counseling skills to respond to client needs.</td>
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<tr>
<td>Competence in providing leadership, developing interventions, and awareness of factors influencing group dynamics in therapeutic and non-therapeutic groups</td>
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<td>The ability to respond to important material as it arises in the counseling session.</td>
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<td>Recognize and verbalize personal issues that may impair objectivity and negatively impact the counseling process.</td>
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<td>The ability to recognize and respond appropriately to crisis.</td>
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<tr>
<td>The ability to use and/or create interventions consistent with the counselor’s guiding theory and/or consistent with the client’s needs.</td>
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<tr>
<td>Communicates in a style compatible with the communication style and developmental level of the client.</td>
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<td>Uses advanced accurate empathy</td>
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<td>Uses self-disclosure</td>
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<tr>
<td>Uses confrontation</td>
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</tr>
<tr>
<td>Objectives</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>N/O</td>
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<tr>
<td>Uses immediacy</td>
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<tr>
<td>The ability to identify small increments of change.</td>
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<tr>
<td>The ability to deal with the issues related to termination (i.e., referrals, timing, resistance)</td>
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<tr>
<td>The ability to apply the counseling skills referenced above to culturally diverse client populations.</td>
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</tbody>
</table>

**Part Two: Conceptualization and Planning Skills**

<table>
<thead>
<tr>
<th>Objectives</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>N/O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Systematically conceptualize human behavior and the process of change.</td>
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<tr>
<td>The ability to generate appropriate counseling goals and select interventions based on a comprehensive case conceptualization.</td>
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<tr>
<td>Considers sociopolitical contexts when evaluating, conceptualizing, and planning interventions.</td>
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<tr>
<td>The student uses empirically supported counseling practices and or interventions.</td>
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<tr>
<td>The ability to present and staff a case using principles and methods of case conceptualization.</td>
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</tbody>
</table>

**Part Three: Supervision Consulting Skills**

<table>
<thead>
<tr>
<th>Objectives</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>N/O</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to identify the expectations of the client and supervisor.</td>
<td></td>
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<tr>
<td>Receptivity to individual and group supervision/feedback</td>
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<tr>
<td>The ability to appropriately receive and use feedback, both positive and negative, from clients, supervisors, and professional peers.</td>
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<tr>
<td>The ability to provide facilitative feedback to others.</td>
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<tr>
<td>Seeks case consultation from supervisors when needed.</td>
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</tbody>
</table>

**Part Four: Evaluation Skills**

<table>
<thead>
<tr>
<th>Objectives</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>N/O</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to identify small increments of change and integrate them into an overall pattern or theme within the counseling process.</td>
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<tr>
<td>The ability to modify specific interventions on the basis of effectiveness.</td>
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<tr>
<td>The ability to develop, implement and evaluate individual and group treatment/counseling plans.</td>
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<tr>
<td>Objectives</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>N/O</td>
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<tr>
<td>---------------------------------------------------------------------------</td>
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<tr>
<td>The ability to apply the evaluation skills referenced above to culturally</td>
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<tr>
<td>diverse client populations.</td>
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</table>

**Part Five: Professionalism**

<table>
<thead>
<tr>
<th>Objectives</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>N/O</th>
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</thead>
<tbody>
<tr>
<td><strong>Professional Identity:</strong> Knowledge of and identification with the role</td>
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<tr>
<td>and function of a professional counselor/therapist.</td>
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<tr>
<td><strong>Self-Awareness:</strong> Demonstration of self-awareness as a professional</td>
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<tr>
<td>counselor.</td>
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<tr>
<td><strong>Legal and Ethical Standards of Practice:</strong> Possess a thorough</td>
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<tr>
<td>knowledge of ethical and legal standards of professional organizations</td>
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<tr>
<td>and credentialing bodies.</td>
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<tr>
<td><strong>Professional Development:</strong> Promote individual professional</td>
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<td>development both in and outside of the practicum experience.</td>
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<tr>
<td><strong>Advocacy:</strong> Demonstrate ability to place clients’ welfare and wellbeing</td>
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<tr>
<td>as priority.</td>
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</table>

**Comments:**
COUN 7910 PRACTICUM EVALUATION RUBRICS

The purpose of this rubric is to help students and supervisors differentiate between levels of attainment with regard to the skills expected student outcomes articulated in the left hand column.

Counseling Skills

<table>
<thead>
<tr>
<th>Expected Student Outcomes</th>
<th>Unsatisfactory</th>
<th>Developing</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to communicate to the client the nature and limits of the counseling relationship.</td>
<td>Fails to describe fundamental aspects of counseling relationship (i.e., session length, confidentiality, boundaries); fails to describe specifics of services offered (i.e., techniques, etc.); under-responds to client questions or concerns related to counseling process; does not secure permission from parents of minor to tape.</td>
<td>Describes confidentiality, limits, and processes of counseling; tells client why he or she is being seen; uses limited exploration or clarification of client needs or concerns regarding the counseling relationship.</td>
<td>Discusses confidentiality in a developmentally appropriate way and checks on client understanding; discusses and uses appropriate forms and materials to communicate limits of confidentiality, length of counseling session, and boundaries; responds to client questions and/or concerns about the counseling process; elicits or clarifies the reason client is being seen.</td>
</tr>
<tr>
<td>The ability to interview clients using direct and indirect methods of inquiry.</td>
<td>Uses close-ended questions too often; drills or interrogates client; answers own questions; uses repetitive responses.</td>
<td>Uses questions appropriately; tolerates silence; reflects content and feeling; uses varied responses.</td>
<td>Demonstrates ability to extract important information related to client needs (i.e., history, presenting problem, mental status) using varied direct and indirect methods of inquiry.</td>
</tr>
<tr>
<td>Expected Student Outcomes</td>
<td>Unsatisfactory</td>
<td>Developing</td>
<td>Target</td>
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<td>------------------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>The ability to develop and maintain a productive counselor-client relationship.</td>
<td>Displays inappropriate humor or affect; seems arrogant or distant; fails to consult with supervisor concerning rapport issues.</td>
<td>Demonstrates developing skills related to displaying appropriate levels of competence, warmth, and interest; consults with supervisors regarding establishment of rapport.</td>
<td>Conveys care, empathy, and genuineness through attending behaviors; communicates an understanding of the client’s world as perceived by the client; uses and values client’s humor to facilitate or gain perspective of client’s viewpoint.</td>
</tr>
<tr>
<td>Uses basic counseling skills to respond to client needs.</td>
<td>Ignores non-verbals; uses inappropriate non-verbals, such as tone, volume of voice, and facial expressions; seems uninterested in client; exhibits verbal and nonverbal incongruity.</td>
<td>Facilitates client expression and self-exploration; recognizes non-verbals; shows interest; congruent counselor verbal and nonverbal skills.</td>
<td>Uses summaries, reflections of affect, content, open and closed questions, clarification, and concreteness; counselor is congruent; acknowledges and uses nonverbal information to further explorations.</td>
</tr>
<tr>
<td>Competence in providing leadership, developing interventions, and awareness of factors influencing group dynamics in therapeutic and non-therapeutic groups.</td>
<td>Unable to demonstrate ability to develop and implement a group plan; unaware of factors influencing the group process.</td>
<td>Demonstrates ability to develop and implement a group plan; able to identify group dynamics; able to assist group members in the process of group participation.</td>
<td>Uses multiple interventions and theoretical basis for development and implementation of a group; able to identify and address group dynamic issues; effectively evaluates group outcomes and modifies the group plan.</td>
</tr>
<tr>
<td>The ability to respond to important material as it arises in the counseling session.</td>
<td>Failure to respond to new or relevant material presented by the client.</td>
<td>Demonstrates ability to identify critical content and issues that arise in the session.</td>
<td>Demonstrates ability to identify critical content and issues with immediacy and integrate effectively into counseling process.</td>
</tr>
<tr>
<td>Expected Student Outcomes</td>
<td>Unsatisfactory</td>
<td>Developing</td>
<td>Target</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Recognize and verbalize personal issues that may impair objectivity and negatively impact the counseling process.</td>
<td>Allows personal issues, concerns, or experiences to interfere with objectivity; is unable or resistant to feedback concerning these issues.</td>
<td>Able to recognize that personal issues may impair their objectivity in the counseling process; may still need assistance in identifying instances when this occurs.</td>
<td>The ability to set aside personal concerns during counseling sessions in order to focus on client concerns; seeks consultation and or supervision; makes referral when appropriate.</td>
</tr>
<tr>
<td>The ability to recognize and respond appropriately to crisis.</td>
<td>Failure to recognize and/or respond to a crisis in a professionally appropriate manner.</td>
<td>Demonstrates ability to recognize a crisis situation and assess risk of harm; seeks supervision to address situation.</td>
<td>Demonstrates ability to assess and respond to issues related to duty to warn (risk of suicidal ideation/harm to others) in an ethically and legally congruent manner; able to differentiate and respond based on type and nature of crisis, levels of risk, and site and practicum policies and procedures.</td>
</tr>
<tr>
<td>The ability to use and/or create interventions, consistent with the counselor’s guiding theory and or consistent with the client’s needs.</td>
<td>Misuses or haphazardly employs various intervention techniques devoid of theoretical consistency; interventions used fail to provide exploratory or growth opportunities for client.</td>
<td>Demonstrates the ability to implement a wide range of interventions that are in line with the client’s needs and presenting issues; able to assess the effectiveness of these interventions; provides indicators of ability to consider interventions in relation to emerging theoretical orientation.</td>
<td>Develops treatment/counseling plans consistent with guiding theory and/or client needs; demonstrates use of interventions in sessions that are theoretically consistent; describes rationale for treatment decisions.</td>
</tr>
<tr>
<td>Expected Student Outcomes</td>
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</tr>
<tr>
<td>Communicates in a style compatible with the communication style and developmental level of the client.</td>
<td>Inaccurately determines developmental level; bases communication on inaccurate assessment (i.e., uses too simplistic or too advanced vocabulary); communication style does not adjust for client compatibility (i.e., tone, pace, affect, body language, etc.).</td>
<td>Provides evidence of a developing ability to identify client’s developmental level; begins to use alternative communication styles or modifies their style to meet their client’s developmental needs.</td>
<td>Accurately assesses client’s developmental level; adjusts voice tone, affect, pace, and body language to those consistent with the client; matches vocabulary (i.e., terminology &amp; expressions).</td>
</tr>
<tr>
<td>Uses advanced accurate empathy.</td>
<td>Failure to use appropriate methods to convey empathy to the client; unaware of client’s perceptions and worldview.</td>
<td>Demonstrates verbal and non-verbal skills to convey empathy to the client; able to assess the client’s response.</td>
<td>Able to accurately assess client’s experience and provide accurate empathy using advanced verbal and non-verbal skills; able to assess accuracy and modify response.</td>
</tr>
<tr>
<td>Uses self-disclosure.</td>
<td>Overuses self-disclosure; uses disclosures that are not relevant to client content; focuses on their personal experiences versus the client’s perspective.</td>
<td>Demonstrates the ability to use self-disclosure in a limited manner and the disclosure is relevant to the client content.</td>
<td>Demonstrates the ability to assess the appropriateness of using self-disclosure; able to address client’s questions related to the counselor appropriately; uses disclosures that add to the therapeutic process.</td>
</tr>
<tr>
<td>Expected Student Outcomes</td>
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</tr>
<tr>
<td>Uses confrontation.</td>
<td>Confrontations are overly hostile or challenging; confrontations are verbally aggressive OR there is <em>no</em> confrontation of client content; discrepancies or emotional/verbal incongruities.</td>
<td>The ability to confront client content discrepancies and emotional/verbal incongruities.</td>
<td>The ability to confront the client in a process of facilitating the client’s growth; increasing client insight; and addressing inconsistencies within the overall therapeutic process.</td>
</tr>
<tr>
<td>Uses Immediacy.</td>
<td>Becomes defensive; focuses on self rather than client; is unable to identify relevant issues in a timely and relevant manner.</td>
<td>Demonstrates ability to recognize client’s affective responses and attend to them within the counseling session.</td>
<td>The ability to remain open to and facilitate client’s intense affective responses, including those directed toward the counselor; acknowledges client reactions; uses immediacy; contends with I/you-here/now issues as necessary (i.e., client-counselor relationship issues); remains calm and continues to process client concerns.</td>
</tr>
<tr>
<td>The ability to identify small increments of change.</td>
<td>Demonstrates an unrealistic view of therapeutic goals; unable to identify any changes in client behavior or emotional responses.</td>
<td>The ability to recognize changes in client behavior or emotional responses; able to develop goals that reflect the client’s developmental level.</td>
<td>The ability to identify client progress in counseling and exhibit patience with each client’s pace of change rather than attempt to hurry or force change; able to describe change for self and client.</td>
</tr>
</tbody>
</table>
### Expected Student Outcomes

<table>
<thead>
<tr>
<th>Unsatisfactory</th>
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</tr>
</thead>
<tbody>
<tr>
<td>The ability to deal with the issues related to termination (i.e., referrals, timing, resistance).</td>
<td>Is able to assist the client with the process of termination; able to identify and address client responses to termination.</td>
<td>Acknowledges feelings of loss as well as those of accomplishment; plans for client future needs; helps client apply lessons/behavior learned from therapy to everyday life; adequately assess need for follow-up activities.</td>
</tr>
<tr>
<td>Avoids processing of feelings related to termination; terminates w/o adequate client preparation; does not provide resources for continued care as needed; does not recognize client’s ongoing needs.</td>
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</tr>
<tr>
<td>The ability to apply the counseling skills referenced above to culturally diverse client populations.</td>
<td>Demonstrates the ability to identify cultural differences in the counseling process; ability to consider differences with the client; addresses potential concerns within supervision.</td>
<td>Acknowledges differences and how those might influence the counseling process / outcomes; demonstrates the ability to adapt skill and methods that accommodate for individual &amp; cultural differences.</td>
</tr>
<tr>
<td>Does not acknowledge, address or ignores the presence of individual and/or cultural differences; fails to adjust intervention techniques to accommodate for individual or cultural differences.</td>
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</tbody>
</table>

### Conceptualization and Planning Skills

<table>
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<tr>
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<th>Target</th>
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</thead>
<tbody>
<tr>
<td>Systematically conceptualize human behavior and the process of change.</td>
<td>Fails to structure sessions around established goals; addresses content as it arises without regard to meaning or purpose.</td>
<td>Able to use theory to describe client behavior.</td>
<td>Therapeutically applies theoretical constructs to help determine the meaning of specific client issues; uses direct and indirect methods of inquiry to assess needs; recognizes cultural differences with each client.</td>
</tr>
<tr>
<td>Objectives</td>
<td>Un satisfactory</td>
<td>Developing</td>
<td>Target</td>
</tr>
<tr>
<td>---------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>The ability to generate appropriate counseling goals and select interventions based on a comprehensive case conceptualization.</td>
<td>Does not engage in goal setting.</td>
<td>Works with client to establish goals consistent with client needs and objectives for counseling.</td>
<td>Uses knowledge of human behavior and counseling theory to generate appropriate counseling goals and modality of treatment/counseling.</td>
</tr>
<tr>
<td>Considers sociopolitical contexts when evaluating, conceptualizing, and planning interventions.</td>
<td>Student counselor ignores influence of multiple systems and contexts of client lives.</td>
<td>Student recognizes at least one of the social, economic, or legal systems that impacts their clients’ lives and may interfere with goal attainment.</td>
<td>Student recognizes current social, economic, and legal issues that impact the client and respond to those issues.</td>
</tr>
<tr>
<td>The student uses empirically supported counseling practices and/or interventions.</td>
<td>The student selects interventions based on his or her comfort and perceived competence without regard to the appropriateness of these interventions for the client.</td>
<td>The student demonstrates theoretical consistency between conceptualization of client needs, articulation of goals, and selection of interventions.</td>
<td>The student actively seeks information in professional literature regarding the nature of client concerns and the treatments that have been demonstrated through research to be effective.</td>
</tr>
<tr>
<td>The ability to present and staff a case using principles and methods of case conceptualization.</td>
<td>The student presents random, irrelevant information about the client based on counselor interest, curiosity, or impact (sensationalism).</td>
<td>The student presents client information systematically and coherently to colleagues and is able to describe the concerns the student counselor has with regard to planning and/or implementing treatment/counseling.</td>
<td>Student presents accurate, relevant conceptualization of client based on assessment outcomes, understanding of human development and behavior, and application of counseling theory; able to pose questions about treatment/counseling to a team of professionals for the purposes of planning or modifying goals and/or interventions.</td>
</tr>
</tbody>
</table>
## Supervision Consulting Skills

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Unsatisfactory</th>
<th>Developing</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to identify the expectations of the client and supervisor.</td>
<td>Students have little or no understanding of the client’s goals for the counseling experience or the supervisor’s role in facilitating counselor development.</td>
<td>Expresses some understanding of what the clients wish to achieve but may still behave according to what the student perceives the supervisor “wants” him or her to do rather than what the supervisor expects.</td>
<td>Able to define and verbally express client &amp; supervisor expectations.</td>
</tr>
<tr>
<td>Receptivity to individual and group supervision/feedback</td>
<td>Not receptive to feedback and behaves in a defensive, self-protective manner; ignores supervisory suggestions consistent with the feedback about performance.</td>
<td>Accepts feedback and attempts to integrate supervisory direction into counseling process.</td>
<td>Demonstrates openness to feedback; seeks and integrates feedback from a number of sources (site, university, peers).</td>
</tr>
<tr>
<td>The ability to appropriately receive and use feedback, both positive and</td>
<td>Student may be unduly reliant on the supervisor for feedback and direction or may avoid the influence of the supervisor(s) due to overconfidence in students’ abilities.</td>
<td>Students begin to understand the areas in which they are capable of independent action and those with which they need assistance from the supervisor.</td>
<td>Reflects upon feedback and uses it to develop goals for improvement in targeted areas; develops an action plan for acquiring the knowledge/skills/behaviors/attitudes addressed and is able to identify ways the goals of the action plan will benefit supervisee and clients.</td>
</tr>
<tr>
<td>negative, from clients, supervisors, and professional peers.</td>
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</tbody>
</table>
### Objectives

<table>
<thead>
<tr>
<th>Un satisfactory</th>
<th>Developing</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to provide facilitative feedback to others.</td>
<td>Provides feedback that is extreme in supporting or negating the practices of colleagues and supervisors. Fails to recognize individual differences among peers with regard to theory, personality, and culture.</td>
<td>Student provides feedback to peers about specific issues with which they feel confident and competent.</td>
</tr>
<tr>
<td>Seeks case consultation from supervisors when needed.</td>
<td>Fails to seek supervision at all or participates in supervision but fails to identify issues relative to competence in general or specific to a client.</td>
<td>Requests assistance from supervisor when frustrated with client progress or with student’s inability to facilitate goal attainment.</td>
</tr>
</tbody>
</table>

### Evaluation Skills

<table>
<thead>
<tr>
<th>Un satisfactory</th>
<th>Satisfactory</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>The ability to identify small increments of change and integrate them into an overall pattern or theme within the counseling process.</td>
<td>Inability to identify small increments of client change.</td>
<td>The ability to recognize significant/large scale client movement toward treatment goals.</td>
</tr>
<tr>
<td>The ability to modify specific interventions on the basis of effectiveness.</td>
<td>Inability to recognize need for change in counseling approaches based on evaluation of client progress.</td>
<td>The ability to recognize appropriate levels of counselor and client responsibility for the counseling process.</td>
</tr>
<tr>
<td>Objectives</td>
<td>Unsatisfactory</td>
<td>Satisfactory</td>
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<tr>
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</tr>
<tr>
<td>The ability to develop, implement and evaluate individual and group treatment/counseling plans.</td>
<td>Inability to recognize appropriate levels of counselor and client responsibility for the counseling process and act on that recognition.</td>
<td>The development of individual and group treatment plan which addresses overall needs of clients.</td>
</tr>
<tr>
<td>The ability to apply the evaluation skills referenced above to culturally diverse client populations.</td>
<td>Inability to apply evaluation skills referenced above where appropriate for culturally diverse client populations.</td>
<td>The ability to demonstrate an understanding of the purpose of the evaluation skills referenced above where appropriate for culturally diverse.</td>
</tr>
<tr>
<td><strong>Professionalism</strong></td>
<td></td>
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<tr>
<td><strong>Objectives</strong></td>
<td><strong>Unsatisfactory</strong></td>
<td><strong>Satisfactory</strong></td>
</tr>
<tr>
<td><strong>Professional Identity:</strong> Knowledge of and identification with the role and function of a professional counselor/therapist.</td>
<td>Limited understanding &amp; demonstration of professional counselor responsibilities as identified by site authorities, the educational institution (AU), and other professional organizations (ACA, CACREP, NBCC, etc.).</td>
<td>Understands but lacks the demonstration of professional counselor responsibilities as identified by site authorities, the educational institution (AU), and other professional organizations (ACA, CACREP, NBCC, etc.).</td>
</tr>
<tr>
<td><strong>Self-Awareness:</strong> Demonstration of self-awareness as a professional counselor.</td>
<td>Limited understanding of personal needs, values, strengths, weaknesses, feelings, and motivations that may impinge upon effectiveness as a counselor.</td>
<td>The ability to express a moderate understanding of personal needs, values, strengths, weaknesses, feelings, and motivations.</td>
</tr>
<tr>
<td>Objectives</td>
<td>Unsatisfactory</td>
<td>Satisfactory</td>
</tr>
<tr>
<td>---------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Legal and Ethical Standards of Practice:</strong></td>
<td>Limited knowledge of ethical principles and legal/ethical guidelines for practice as identified by site authorities, the educational institution (AU), and other professional organizations (ACA, CACREP, NBCC, etc.).</td>
<td>Has knowledge of ethical principles and legal/ethical guidelines for practice as identified by site authorities, the educational institution (AU), and other professional organizations (ACA, CACREP, NBCC, etc.).</td>
</tr>
<tr>
<td><strong>Professional Development:</strong></td>
<td>Lack of participation in professional development activities (i.e. attending workshops/in-services, conferences and engaging in self-directed learning).</td>
<td>Evidence of participation in professional development activities (i.e. attending workshops/in-services, conferences and engaging in self-directed learning).</td>
</tr>
<tr>
<td><strong>Advocacy:</strong></td>
<td>Lack of recognition and verbalization of client needs; no action taken to meet the identified needs of the client.</td>
<td>Recognition and verbalization of client needs; action taken to meet the identified needs of the client in limited ways.</td>
</tr>
</tbody>
</table>
**INTERNSHIP 7920 STUDENT SELF-EVALUATION**

**Directions:** Please use the following rating scale and indicate the date in which you have demonstrated the competencies below.

1 = No competence; 2 = Developing competence; 3 = Competent

Name: ________________________________

<table>
<thead>
<tr>
<th>Performance Indicator</th>
<th>Midterm</th>
<th>Final</th>
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</thead>
<tbody>
<tr>
<td>The ability to nonverbally and verbally communicate a genuine interest and concern for the client</td>
<td></td>
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<tr>
<td>The ability to communicate an understanding of the client’s world as perceived by the client</td>
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<tr>
<td>The ability to formulate verbal responses that accurately and concisely reflect the content and feeling of the client’s verbal and nonverbal messages</td>
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<tr>
<td>The ability to facilitate client expression and self-exploration</td>
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<tr>
<td>The ability to respond appropriately and with immediacy to important material as it arises in the counseling session</td>
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<tr>
<td>The ability to put aside personal concerns during counseling sessions in order to focus on client concerns</td>
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<tr>
<td>The ability to laugh appropriately with clients out of an appreciation for what clients are experiencing</td>
<td></td>
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<tr>
<td>The ability to identify the expectations of the client and supervisor</td>
<td></td>
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<tr>
<td>The ability to verbally identify small increments of change and integrate them into an overall pattern or theme with the counseling process</td>
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<tr>
<td>The ability to communicate in specific and concrete, rather than general and abstract, terms</td>
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<tr>
<td>The ability to communicate to the client the nature of the counseling relationship so that the client understands the limits of the services offered</td>
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<tr>
<td>Knowledge of and identification with the role and function of a professional counselor/therapist, particularly as it relates to the student’s practicum site</td>
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<tr>
<td>The application of ethical principles to practical situations in counseling, e.g., providing the client with information necessary to make informed decisions regarding counseling</td>
<td></td>
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<tr>
<td>The ability to express a clear understanding of personal needs, values, strengths, weaknesses, feelings, and motivations that may impinge upon effectiveness as a counselor</td>
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<tr>
<td>Performance Indicator</td>
<td>Midterm</td>
<td>Final</td>
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<tr>
<td>--------------------------------------------------------------------------------------</td>
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<tr>
<td>Receptivity to individual and group supervision/feedback</td>
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<tr>
<td>The ability to present and staff a case</td>
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<tr>
<td>An awareness of the issues related to counseling diverse populations</td>
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<tr>
<td>The ability to modify specific interventions on the basis of effectiveness</td>
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<tr>
<td>The ability to spontaneously use and or create interventions, consistent with the counselor’s guiding theory, which facilitate the client’s exploration and/or growth</td>
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<tr>
<td>Consistency of theoretical identity</td>
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<tr>
<td>A thorough knowledge of ethical and legal standards of professional organizations and credentialing bodies</td>
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<tr>
<td>The ability to interview clients using direct and indirect methods of inquiry, ranging from casual conversation to structured diagnostic assessment</td>
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<tr>
<td>The ability to use knowledge of human behavior and counseling theory to generate appropriate counseling goals and modality of treatment/counseling</td>
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<tr>
<td>The ability to recognize appropriate levels of counselor and client responsibility for the counseling process and act on that recognition</td>
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<tr>
<td>The ability to appropriately receive and use feedback, both positive and negative, from clients, supervisors, and professional peers</td>
<td></td>
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<tr>
<td>The ability to provide facilitative feedback to other</td>
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<tr>
<td>The ability to communicate in a style compatible with the communication style and developmental level of the client</td>
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<td>The ability to remain open to and facilitate client’s intense affective responses, including those directed toward the counselor</td>
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<td>The ability to exhibit patience with each client’s pace of change rather than attempt to hurry or force change</td>
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<tr>
<td>The ability to apply current social, economic, and legal trends in the counseling process</td>
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<td>The ability to incorporate relevant research findings into counseling practice</td>
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<tr>
<td>Competence in providing group leadership/co-leadership, developing interventions appropriate to group settings, and awareness of factors influencing group dynamics</td>
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<tr>
<td>The ability to develop and maintain accurate and updated clinical records (e.g., progress notes, interview summaries)</td>
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<td>The ability to deal with the issues related to termination, e.g., referrals, timing, resistance</td>
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<tr>
<td>The ability to develop, execute, and evaluate a treatment/counseling plan</td>
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<tr>
<td>Intern</td>
<td>Date</td>
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<td>---------------------------------------------</td>
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</tr>
<tr>
<td>COUN 7920 Course Instructor</td>
<td>Date</td>
<td></td>
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</tbody>
</table>


Directions: Please use the following rating scale to evaluate the counseling intern based on your observation of his or her work with clients at the internship site.

E = Excellent, G = Good, A = Average, P = Poor, NA = Not Applicable

| Intern: ____________________________ | E | G | A | P | NA |
| Midterm date: _______________ Final date: _______________ |
| Agency: ____________________________ | E | G | A | P | NA |

I. PERSONAL AND PROFESSIONAL ATTRIBUTES OF INTERN

A. Personal Qualities
   1. Flexibility
   2. Dependability
   3. Enthusiasm
   4. Sense of Humor
   5. Stability
   6. Human Relations
   7. Initiative
   8. Appearance
   9. Voice and Speech
   10. Sensitivity

B. Professional Attributes and Relationships
   1. Professional Growth and Development
   2. Professional Ethics
   3. Leadership and Creative Ability
   4. Professional Interest
   5. Knowledge of counseling
   6. Openness to constructive criticism
   7. Ability to evaluate self
   8. Awareness of self
   9. Ability to work with supervisors
   10. Ability to work with peers
   11. Ability to work with clients with diverse backgrounds
   12. Professional potential as a mental health counselor

C. Professional Effectiveness
   1. Ability to establish objectives
<table>
<thead>
<tr>
<th>2. Awareness of client needs</th>
<th></th>
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<tbody>
<tr>
<td>3. Ability to establish short-range program plans</td>
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<tr>
<td>4. Ability to establish a long-range program plan</td>
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<td>5. Efficiency in keeping records</td>
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<td>6. Efficiency in use of time</td>
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<td>7. Ability to motivate interest</td>
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<td>8. Ability to establish effective counseling relationships</td>
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<tr>
<td>9. Ability to evaluate progress of clients</td>
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<tr>
<td>10. Ability to conduct effective client interviews</td>
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<tr>
<td>11. Ability to identify and use resources</td>
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<tr>
<td>12. Recognition of and provision for individual differences</td>
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<tr>
<td>13. Ability in site related activities</td>
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<tr>
<td>14. Efficiency in follow-up</td>
<td></td>
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</tbody>
</table>

**II. PERFORMANCE OF INTERN IN AGENCY**

**A. Organization of Agency**

1. Knowledge of organizational structure
2. Awareness of staff responsibilities
3. Knowledge of agency procedures and services
4. Knowledge of available resources within agency
5. Knowledge of cooperating agencies and referral sources

**B. Counseling Activities**

1. Intake
2. Client assessment and diagnostic impression
3. Counseling facilitation
4. Referral
5. Follow-up

**C. Case Management**

1. Organization of work and time
2. Treatment planning and intervention selection
3. Case notes
4. Referrals
<table>
<thead>
<tr>
<th>D. Related Activities</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Meetings, staffing, in-services, and conferences</td>
<td></td>
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<td></td>
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<tr>
<td>2. Consultations</td>
<td></td>
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</tbody>
</table>

I. Overall evaluation of this intern as a potential employee.

II. Additional Comments:

III. Have you discussed your evaluation with the intern? _________________

Are you willing for the on-campus supervisor to share this evaluation with the intern? _________________

________________________________________________________________________
Site Supervisor Signature                        Date
### STUDENT EVALUATION OF PRACTICUM OR INTERNSHIP SITE
Special Education, Rehabilitation and Counseling
Auburn University

Name: ____________________________ Program: ____________________________

Semester & Year: ______________ Name of site: ____________________________

Total hours accrued at site: ______________

Directions: Please respond to each item by checking the appropriate box.

- 5 = Strongly Agree
- 4 = Agree
- 3 = Neither Agree nor Disagree
- 2 = Disagree
- 1 = Strongly Disagree
- NA = Not applicable

<table>
<thead>
<tr>
<th>Site Evaluation</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation session(s) at the beginning of your placement gave you an adequate overview of the placement site</td>
<td></td>
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<tr>
<td>The goals of your placement were adequately defined between you and your placement</td>
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<tr>
<td>These goals were constant with the overall purpose of your placement</td>
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<tr>
<td>Received sufficient orientation and training on emergency protocols</td>
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<tr>
<td>The site supervisor was available for consultation and supervision</td>
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<td>Staff resources were available for you to use</td>
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<td>Feedback was provided regularly and consistently during your placement concerning your progress</td>
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<tr>
<td>Appropriate opportunities were provided for individual and group counseling experiences</td>
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<tr>
<td>The use of current technology for delivery and enhancement of services was supported and enriched by the site</td>
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<tr>
<td>Professional and ethical behavior was demonstrated by site personnel</td>
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<tr>
<td>I would recommend this site for future placements</td>
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</tbody>
</table>
What could have been done differently to make this a better placement?

Other comments:

__________________________________________  __________________________
Counseling Student                          Date
## STUDENT’S EVALUATION OF UNIVERSITY SUPERVISOR

Name of University Supervisor:

Name of Supervisee:

<table>
<thead>
<tr>
<th>Competencies</th>
<th>Unsatisfactory</th>
<th>Satisfactory</th>
<th>Exemplary</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. The supervisor demonstrated a knowledge of the counseling process.</td>
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<tr>
<td>2. The supervisor demonstrated a knowledge of counseling legal and ethical principles.</td>
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<tr>
<td>3. The supervisor demonstrated personal qualities that were conducive to developing a strong supervisory relationship (e.g., awareness of individual differences, humor, openness).</td>
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<tr>
<td>4. The supervisor demonstrated multicultural competence in the supervisory relationship and within the counseling process.</td>
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<tr>
<td>5. The supervisor demonstrated the ability to help you develop and enhance your counseling skills.</td>
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<tr>
<td>6. The supervisor demonstrated the ability to use multiple supervisory methods to help you develop counseling competence.</td>
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<tr>
<td>7. The supervisor demonstrated the ability to help you develop conceptualization and treatment planning skills.</td>
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<tr>
<td>8. The supervisor effectively provided feedback and was receptive to feedback from the supervisee related to the supervisory process.</td>
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Additional Comments:
Appendix A

Clinical Mental Health Counseling

Professional Practice Syllabi and Forms
PRACTICUM AND INTERNSHIP INFORMATION SHEET

Auburn University
Special Education, Rehabilitation and Counseling
Clinical Mental Health Counseling

This form is to be completed at the beginning of practicum and internship by the student, site supervisor, and university group supervisor. All concerned should retain copies and the university group supervisor shall place one copy in the student’s folder.

Number of practicum/internship credit hours for which you are enrolled this semester:

**Student Information**

Student’s Name:
Address:
Home Phone #: ___________________________ Cell Phone #: ___________________________
Email Address: ___________________________ Faculty Advisor: ___________________________
Practicum/Internship Goals & Objectives (use back of page):

**Practicum/Internship Site Information**

Practicum/Internship Site Name:
Address:
Direction to the site from Auburn Campus (use back of page):

**On-site Supervisor:**

Name:
Title:
Office Phone/Email Address:
Practicum/Internship Schedule including a total number of work hours per week:

<table>
<thead>
<tr>
<th>CMHC Student</th>
<th>Date</th>
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<tbody>
<tr>
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</table>

<table>
<thead>
<tr>
<th>Site Supervisor</th>
<th>Date</th>
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</table>

<table>
<thead>
<tr>
<th>University Group Supervisor</th>
<th>Date</th>
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</tbody>
</table>
COUN 7910
Clinical Mental Health Counseling
Department of Special Education, Rehabilitation and Counseling

Course Number: COUN 7910
Course Title: Practicum in Clinical Mental Health Counseling
Credit Hours: 3 semester hours
Prerequisites: COUN 7320, 7350, 7950; Departmental approval. Students must notify practicum coordinator one semester in advance of registering for COUN 7910
Co-requisites: None
Class Meeting: TBD
Instructor: TBD


Required Texts:

Course Description:
Supervised counseling experiences in which students serve as counselors at pre-arranged and approved community counseling settings. Supervised counseling experiences in which students serve as counselors at pre-arranged sites and approved community counseling settings appropriate to their program emphasis. Students will be placed through an application process that occurs the spring semester prior to the start of Practicum.

Course Objectives:
Each week’s class will include a discussion of the counseling related topics pertinent to the stages of the counseling practice, such as relationship building, case conceptualization, counseling planning, and formative and summative evaluations of cases. Supervisees will also discuss specific topics arising from practicum experiences during the week. Students are strongly recommended to reflect on their practice and incorporate identified strengths and weaknesses into their plans for on-going personal and professional growth. In addition, one student per week will present a case for group discussion and receive feedback.

Learning Objective 1: Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills (2016 CACREP Sec. 3 F and G).

Class Requirement 1: All students will maintain their CMHC approved placement while working directly with clients/consumers.
Artifact 1: Students will maintain a counseling log documenting all indirect and direct hours completed.

Learning Objective 2: Weekly interaction that averages one hour per week of individual and/or triadic supervision throughout the internship, performed by a designated supervisor. (2016 CACREP Sec. 3 H)

Class Assignment 2: Supervisors will provide one hour of supervision each week.

Artifact 2: Student will maintain a counseling log documenting all supervision hours received.

Learning Objective 3: Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member (2016 CACREP Sec. 3 I)

Class Requirement 3: Students will meet for an average of 1 ½ hours per week for group supervision.

Artifact 3: Attendance will be verified by the instructor.

Learning Objective 4: The opportunity for the student to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship. (e.g., record keeping, assessment instruments, supervision, information and referral, in-service and staff meetings). (2016 CACREP Sec. 3 D)

Class Requirement 4: Students will participate in professional development opportunities at their site as though they were a professional counselor.

Artifact 4: During their site visit conducted by the instructor of record, professional development will be discussed and reviewed.

Learning Objective 5: Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students’ interactions with clients. (2016 CACREP Sec. 3 B)

Class Requirement 5: Sites will provide opportunities for recording sessions, live supervision or co-led counseling services.

Artifact 5: Information will be documented through counseling log.

Learning Objective 6: Formative and summative evaluations of the student’s counseling performance and ability to integrate and apply knowledge are conducted as part of the student’s practicum and internship. (2016 CACREP Sec. 3 C)

Class Requirement 6: Student will receive passing grades in the midterm and final evaluation to continue matriculation.
Artifact 6: Evaluations will be submitted and reviewed by instructor of record.

Learning Objective 7: In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counselor or psychoeducational group. (2016 CACREP Sec. 3 E)

Class Requirement 7: Student will pursue group counseling opportunities at their practicum site.

Artifact 7: Student will maintain a counseling log documenting all group counseling provided.

Course Content:
Each week’s class will include a discussion of the counseling related topics pertinent to the stages of the counseling practice, such as relationship building, case conceptualization, counseling planning, and formative and summative evaluations of cases. Supervisees will also discuss specific topics arising from practicum experiences during the week. Students are strongly recommended to reflect on their practice and incorporate identified strengths and weaknesses into their plans for on-going personal and professional growth. In addition, one student per week will present a case for group discussion and receive feedback.

Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings/Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1 – August 16</td>
<td>Introductions</td>
<td>Professional Experiences Handbook</td>
</tr>
<tr>
<td></td>
<td>Roles, paperwork, ethics</td>
<td>ACA Code of Ethics (2014)</td>
</tr>
<tr>
<td>Week 2 – August 23</td>
<td>SOAP Notes</td>
<td>Prieto &amp; Scheel (2002)</td>
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<td>Cameron &amp; Turtle Song (2002)</td>
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<tr>
<td>Week 3 – August 30</td>
<td>Ethical Decision Making</td>
<td>Jungers &amp; Gregoire (2016)</td>
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<td></td>
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<td>Forester-Miller &amp; Davis (1996)</td>
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<tr>
<td>Week 4 – September 6</td>
<td>Emotional Intelligence</td>
<td>Gutierrez, Mullen &amp; Fox (2017)</td>
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<tr>
<td></td>
<td>Case Conceptualizations</td>
<td>Testa &amp; Sangganjanavanich (2016)</td>
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<tr>
<td>Week 5 – September 13</td>
<td>Cycle of Caring</td>
<td>Skovolt (2005)</td>
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<td></td>
<td>Case Conceptualizations</td>
<td></td>
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<tr>
<td>Week 6 – September 20</td>
<td>Therapeutic Letter Writing</td>
<td>Kress, Hoffman &amp; Thomas (2008)</td>
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<td>Week 7 – September 27</td>
<td>Humanistic Therapies</td>
<td>Rijn &amp; Wild (2013)</td>
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<tr>
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<td>Case Conceptualizations</td>
<td>Fitch, Canada &amp; Marshall (2001)</td>
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<tr>
<td>Date</td>
<td>Topic</td>
<td>Readings/Assignments</td>
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<tr>
<td>Week 8 – October 4</td>
<td>Adlerian and Solution Focused Therapies</td>
<td>Midterm Evaluates DUE in Class!</td>
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<td></td>
<td>Case Conceptualizations</td>
<td>Watts (2017)</td>
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<td></td>
<td></td>
<td>Carrera et. al (2016)</td>
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<tr>
<td>Week 9 – October 11</td>
<td>Case Conceptualizations</td>
<td>Yalom 1 &amp; 2</td>
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<tr>
<td>Week 10 – October 18</td>
<td>Case Conceptualizations</td>
<td>Yalom 3 &amp; 4</td>
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<tr>
<td>Week 11 – October 25</td>
<td>Case Conceptualizations</td>
<td>Yalom 5 &amp; 6</td>
</tr>
<tr>
<td>Week 12 – November 1</td>
<td>Case Conceptualizations</td>
<td>Yalom 7 &amp; 8</td>
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<tr>
<td>Week 13 – November 8</td>
<td>Case Conceptualizations</td>
<td>Yalom 9 &amp; 10</td>
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<tr>
<td>Week 14 - November 16</td>
<td>Case Conceptualizations</td>
<td>Yalom 11 &amp; 12</td>
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<tr>
<td>Week 15 – November 29</td>
<td>Case Conceptualizations</td>
<td>Yalom 13 &amp; 14</td>
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<td></td>
<td>Final Evaluations Due in Class.</td>
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<td></td>
<td>Field Experience Binder Due</td>
</tr>
</tbody>
</table>

General Information and Assignments/Projects

A. **Accrual of Hours**: The expectation is held that students will attend all classes (group supervision). In addition to this group supervision, students are required to attend 1 hour of University individual supervision per week. **As with class attendance, site and supervision attendance is mandatory.** In case of absence due to illness or other crisis condition, practicum students will notify all supervisors (university supervisor, course instructor and site supervisor). It is the student’s responsibility to make up absences in individual supervision **immediately.** A student who has not been supervised during their weekly meeting and is unable to make it up within that week will be unable to see clients on site. **Students who miss more than one practicum class or supervision will automatically fail the course.**

B. **Practicum Site Experience**: Students should complete a minimum of **100 total practicum hours**, which include a minimum of **40 direct service hours** to pass this class. Group direct hours are required, with the minimum being 10 direct group service hours, and up to 15 hours. More group hours can be accumulated based on site need but will not count towards the 40 direct after 15 hours have been earned. Students are required to spend a minimum of **10 hours on site per week and no more than 12 hours (unless otherwise directed by the Program Coordinator, Practicum/Internship Placement Coordinator, Site Supervisor or Course Instructor)**. The direct service portion of the practicum requirements can be met by providing individual counseling and group counseling.
C. Work samples: Students are expected to submit an average of two recorded counseling sessions weekly throughout the semester in which they are enrolled in practicum. Students must submit a minimum of 15 hours (a clinical hour is 50 minutes) of work samples throughout the semester in order to complete practicum. A Consent to Tape form must be obtained from each client before taping. If the client is unable to consent (e.g., minor) then you must obtain consent from the legally recognized guardian.

In the rare case that the practicum site does not permit recordings, live supervision must be conducted by the student’s site supervisor, meaning the supervisor will sit in or otherwise observe the student’s counseling sessions with clients. Such live supervision must be completed on a weekly basis and be documented by the site supervisor. A minimum of 15 live observations would be needed to complete the requirement for the course.

D. Client file(s): Students will maintain the following documents in a file for each client and group with identifying data not included (students are asked to code files)

• Progress notes for each counseling session

*Note: Students must have a progress note for each direct hour documented on their log

• Session summaries for each recorded counseling session

• Treatment plans

* Due (Week 15): Field Experience Binder Due

1. Practicum Log (should be signed by the site supervisor weekly)
   ✓ Copy provided to University Supervisor

2. Three (3) Evaluations Forms
   ✓ Site Supervisor
   ✓ University Supervisor
   ✓ Student Self-evaluation

3. Client Information
   ✓ Intake/Assessment materials
   ✓ Treatment Plan
   ✓ Case Conceptualization
   ✓ Progress Notes/Session Summaries

E. Individual Supervision: The assigned university supervisor will provide individual supervision weekly. Prior to this meeting, students should review tapes on their own and complete a typed session summary form for every client weekly. Students must turn in a minimum of two (2) tapes and all summaries 48 hours prior to supervision. In addition, students must submit a printed binder (submitted at midterm and final) that includes the practicum log, evaluation forms, *client files (including up to date progress notes) and the toolbox. Please note that individual supervisors may request additional materials to be added to the G drive for review (e.g., other evaluations forms, tape transcripts, etc.). The individual supervisor will complete both a midterm and a final evaluation of the student (it is the practicum student’s responsibility to provide blank copies of the evaluation to their supervisor).
It is the student’s responsibility to make up absences in individual supervision immediately. A student who has not been supervised during their weekly meeting and is unable to make it up within that week will be unable to see clients on site until they have made up their individual supervision time.

F. Group Supervision: Group supervision occurs weekly during the designative class time for practicum, in which students participate in discussions about counseling issues, skills development, case conceptualization, and specific issues identified by the course instructor. Readings will be assigned using journals and other sources. Students are expected to link relevant material from the readings to their work with clients in discussion during group supervision.

G. Site Supervision: All students will have a designated site supervisor. Although these interactions may vary, this includes opportunities for on-going supervision, consultation, and collaboration. Site supervisors will have (1) a minimum of a master’s degree in counseling or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of counseling experience; (4) knowledge of the CMHC program’s expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision. Site supervisors will complete both a midterm and a final evaluation of the student and sign their log weekly.

H. Client Case Conceptualization: Students are expected to develop a PowerPoint presentation and present all components of the presentation in group supervision. The following components are required:
   - Client’s presenting concern and background information gathered at first appointment
   - Information gathered via formal and/or informal assessments
   - Client’s goals for counseling
   - Conceptualization of the client’s concerns through a theoretical lens (including all components of the Case Conceptualization Guidelines)
   - Plan for counseling including short-term and long-term goals, theory-based interventions, and evaluation (e.g., treatment plan)
   - Description of a single counseling session’s focus, goals, interventions, process, and observations of progress (e.g., progress note)
   - At least one segment of the audio recording of this counseling session that demonstrate the student’s counseling skills (e.g., assessment, implementing an intervention, evaluating the effectiveness of counseling, etc.).

I. Field Experience Documentation: Students must submit the following items (in hard copy) to their to university group supervisor to receive final grades. These items will be placed in each student’s permanent file stored in 2084 Haley Center. The items include:
   - Practicum Information Form
   - All supervisors’ evaluation forms (Site, University)
   - Self-Evaluation Form
   - The Practicum Log
• A copy of all counseling documentation (with client codes) for every direct hour calculated on the counseling log

Grading and Evaluation Procedures:

The COUN 7910 course grade is determined by classroom and site performance. To successfully pass the Practicum Course, students must attend classes, complete practicum assignments, submit the appropriate documentation (including practicum hours log and evaluations) and successfully complete the 100-hour practicum experience, including a minimum of 40 direct hours that are verified by the site supervisor as evidenced in a signed counseling log. Students will not pass the course if they have poor attendance at the site or in the classroom, do not submit class assignments, do not obtain a satisfactory midterm/final evaluation, are accused of fraudulent log documentation, are accused of an ethical violation, do not demonstrate appropriate professional behaviors or any other behaviors deemed inappropriate as cited in the COUN Handbook, Professional Practice Handbook, Code of Ethics and AU Graduate School Standards. Grades are S/U.

Class Policy Statements:

Students are expected to attend all supervisory sessions and class meetings and participate in all classroom exercises (Student EPolicy Handbook). Should students need to be absent for any reasons, they must contact the course instructor before missing that class meeting. Students who need special accommodations should make an appointment to discuss the “Accommodation Memo” during office hours as soon as possible. If you do not have an Accommodation Memo, you may visit the Office of Accessibility at 1228 Haley Center, 844-2096 (V/TT).

Dates for completing assigned class activities are noted in the course calendar. Unless otherwise notified, students should assume no deviation regarding these dates/assignments. Students anticipating difficulties in attending class on a date scheduled assignments are due should seek permission from the instructor to turn in an assignment prior to the due date. Students assume the responsibility for contacting the instructor to make suitable arrangements for making-up an assignment within 48 hours. The make-up assignment must be completed 2 weeks of the students’ return to class. Failure to comply with these stipulations may result in the student receiving a grade of (0) zero for the missed assignment.

Students must maintain confidentiality of all case discussion. The discussion of cases outside of the group setting with any other persons other than those in the agency of the placement, the client, or the instructor are grounds for being dismissed from the class with a grade of “U” unsatisfactory. This action would be considered highly unethical behavior (see ACA Code of Ethics). Additionally, to maintain client confidentiality, no specific identifying information regarding the client will be allowed in group supervision. Simply client code (e.g. a first name) of the person in discussion and/or some other code (e.g. initials) on all documentation will be
appropriate. Classroom civility is expected. Please turn off cellphones or pagers before entering class.

**Liability Insurance:** Students are also required to purchase their own individual professional liability insurance through organizations such as HPSO or the National Board for Certified Counselors (NBCC) and provide proof of coverage for student files in the department.

**References**


I would like to take this opportunity to welcome you to counseling and provide you with some information that you may find valuable. I am currently a counselor-in-training at Auburn University, Alabama. When I complete my program, I will hold a graduate degree in Counseling.

Our relationship, although psychologically personal at times, should be regarded as strictly professional in nature. We will meet once a week for approximately 50 minutes. Since we will be limited in the amount of time we have to work together, our highest priority will be on the short-term goals we work together to establish. As your counselor, all I request is that you be willing to work with me towards the goals you set for yourself.

Should you need to cancel an appointment, please attempt to do so at least 24 hours in advance. Additionally, it will benefit you to know that I am not on call. Should you have a problem that needs immediate attention, contact the designated individual at your site.

I am ethically bound to keep confidential anything you say in our sessions, with the following exceptions: (1) if I believe you are a potential danger to yourself or to someone else; (2) if I suspect child abuse or neglect or the abuse or neglect of an adult who is mentally or physically unable to care for him or herself; (3) if I am ordered to disclose information by a court of law; (4) if you grant me written permission to disclose information to another person; and (5) for supervision/consultation purposes. In order for me to provide you with the best care possible, I will regularly record our sessions, consult with my supervisor, and peer counselors.

If at any time you are dissatisfied with my services, please do not hesitate to let me know. If we cannot come to an understanding and resolution, it is my duty to refer you to another care provider. My university supervisor is __________________________. My site supervisor is __________________________.

If you have any questions now or in the future, please feel free to ask at any time. Please indicate your understanding and consent by signing below.

Signature of Counselor: __________________________ Date: ________________

Signature of Client: __________________________ Date: ________________
STANDARD ADULT INTAKE FORM

Auburn University
Special Education, Rehabilitation and Counseling

CLINICAL MENTAL HEALTH ASSESSMENT INTAKE

Date of Intake: Start time: End time:

RE: (Client Name) Date of Birth:

Reason for Referral/Presenting Problem:

STRENGTHS BASED ASSESSMENT TO INCLUDE CURRENT AND HISTORICAL

SOCIAL AND FAMILY HISTORY:

MEDICAL HISTORY;

MENTAL HEALTH HISTORY:

TRAUMA HISTORY:

CRIMINAL HISTORY:

SCHOOL/VOCATIONAL HISTORY:

ALCOHOL AND SUBSTANCE USE HISTORY:

MENTAL STATUS EXAMINATION:

STRENGTHS:

Describe in the client’s own words how they view recovery, experience challenges, strengths, needs, goals, values, lifestyle, family, and community support and needs:

Other services/treatments being received and recommendations for additional services to other provider(s):

DIAGNOSTIC IMPRESSION
CHILD/ADOLESCENT INFORMED CONSENT

Counselor Name:

Auburn University
Special Education, Rehabilitation and Counseling
2084 Haley Center
Auburn University, Alabama 36849-5222

Dear Parent or Guardian:

Clinical Mental Health Counseling (CMHC) students from Auburn University are enrolled in a course during the second year of their graduate work called Counseling Practicum. This course involves working in the school or agency where your child is served for approximately 10 to 12 hours each week. During those hours, student counselors provide individual and group counseling for those students or clients who have been identified by an official at the site, or through self or parent referral, as someone who might benefit from participating in counseling. You are receiving this form because we are requesting your consent to provide counseling services to a child in your care. If you have questions about the reason you are receiving this request, please contact the counseling center or school that your child is affiliated with.

Counseling Student’s Name ____________________________ would like to work with your son/daughter, a student at ____________________________ school/counseling center.

If your child experiences a crisis and requires immediate attention, due to my role as a Counselor-in-Training, I may be unavailable and suggest that you contact, the counseling center for which I am affiliated with or the EAMHC Crisis Line at 1-800-815-0630.

I am ethically bound to keep confidential anything your child/adolescent shares in our sessions, with the following exceptions: (1) if I believe your child is a potential danger to themself or to someone else; (2) if I suspect child abuse or neglect or the abuse or neglect of an adult who is mentally or physically unable to care for him or herself; (3) if I am ordered to do so by a court of law; (4) if you grant me written permission to disclose information to another person; and, (5) for supervision/consultation purposes. In order for me to provide the best care possible, I will regularly audio and/or video tape our sessions and consult with my supervisor and peer counselors. Your child’s identity will be protected in these circumstances.

If at any time you are dissatisfied with my services, please do not hesitate to let me know. If we cannot come to an understanding and resolution, it is my duty to refer you to another care provider. My university supervisor is _____________________________. My site supervisor is _____________________________.

If you are interested and willing to have your child participate, please sign the form where indicated.
Thank you.

Parent’s Signature_________________________ Date__________________
STANDARD CHILD INTAKE FORM

Auburn University
Special Education, Rehabilitation and Counseling Department

CHILD/ADOLESCENT CLINICAL MENTAL HEALTH ASSESSMENT INTAKE

Date of Intake: Start time: End time:

RE: (Client Name) Date of Birth:

Reason for Referral/Presenting Problem:

STRENGTHS BASED ASSESSMENT TO INCLUDE CURRENT AND HISTORICAL

SOCIAL AND FAMILY HISTORY:

MEDICAL HISTORY;

MENTAL HEALTH HISTORY:

TRAUMA HISTORY:

CRIMINAL HISTORY:

SCHOOL/VOCATIONAL HISTORY:

ALCOHOL AND SUBSTANCE USE HISTORY:

MENTAL STATUS EXAMINATION:

STRENGTHS:

Describe in the client's own words how they view recovery, experience challenges, strengths, needs, goals, values, lifestyle, family, and community support and needs:

Other services/treatments being received and recommendations for additional services to other provider(s):

DIAGNOSTIC IMPRESSION
SESSION SUMMARY
COUN 7910

Counselor Name:

Progress Note

Client Code/Group Title: ________________________________ Date: __________

Counselor-in-Training: ________________________________ Session Number: __________

Session start time: ________________ Session end time: ________________

What is the Presenting Problem?

What were the session objectives?

What therapeutic intervention(s) did you attempt?

How did you evaluate progress this session?

What are your plans for the next session?

Session Process Questions

To be completed for each taped client session and turned in to supervisors weekly.

Supervisor: ____________________________________________

1. Identify any critical incidents that occurred in the session. Describe these incidents and how they may have related to the counseling relationship, counseling outcomes, or your development as a counselor?

2. Discuss your goals for the session and the specific methods, processes, or interventions you used to accomplish these goals.

3. Discuss specific questions or concerns you want to address in supervision. This can include identifying a specific segment of the counseling session tape.
4. Discuss any goals you may have related to this counseling session and your supervision or development.

**Session Summaries**

The Session Summary form contains a Progress note section and Session Process Questions.

**Progress Note**

Progress notes provide a means for monitoring a client’s progress throughout treatment/counseling. Progress notes are also used to examine a client’s progress toward treatment/counseling goals, the development of new issues and goals, and the modification of the initial treatment/counseling plan. In supervision, these notes provide a means for the supervisor to track the progress of the client and the supervisee. **Progress notes must be completed for all client/student hours that are documented on the practicum log. These are to be maintained in your Practicum Binder. Documentation should be posted within 48 hours of your next scheduled supervision.**

Progress notes should be brief, concise, and should be written as soon as possible following the counseling session. The notes should include only relevant information, thus in writing your progress notes “avoid labeling, judging, and the using terminology that may be stigmatizing to the client” (Hansen, Rossberg, & Cramer, 1994, p. 306). Remember that clients have the right to review their case records.

Session objectives and therapeutic interventions should relate to the overall treatment/counseling plan for the client. Progress notes should include specific client information and may be supported by behavioral observations, assessment measures, client statements, and other observations by the counselor. Progress notes also allow you to monitor changes that may result in a modification of the treatment/counseling plan for a client.

It is essential to the supervisory process that you include all relevant information. Please include in the evaluation section any specific questions or concerns you might have for your supervisor. Finally, these progress notes are not meant to substitute for progress notes required at your site.

**Session Process Questions**

Session Process Questions are to be completed for all digitally taped sessions (work samples). These questions are used to provide the supervisor with an opportunity to evaluate the session but also explore the issues and concerns the student may have about the session, the counseling process, or the supervisory process.

Session Process Questions also provide the student with an opportunity to reflect upon and examine the counseling process. It is recommended that students consider all aspects of the
counseling process when completing the form. Students should always complete all sections of the form and develop questions or issues to address in supervision.
COUNSELING TREATMENT PLAN

Client Code:

Date Plan was Prepared:

STRENGTHS BASED ASSESSMENT TO INCLUDE CURRENT PRESENTING CONCERNS

PRESENTING PROBLEM(S)

BARRIERS TO TREATMENT

STRENGTHS AND RESOURCES AVAILABLE

EVIDENCE BASED GOALS

LONG-TERM GOAL

1. 

2. 

3. 

LONG-TERM GOALS WILL BE ADDRESSED THROUGH THE FOLLOWING SHORT-TERM GOALS AND INTERVENTIONS

1. 

2. 

3. 

THESE GOALS WILL BE REVISITED EVERY 90 DAYS AND REVISED AS NEEDED.

THERAPIST SIGNATURE: ________________________________

ORIGINAL DATE OF TREATMENT PLAN: ________________________________

TREATMENT PLAN REVIEWED: ________________________________

TREATMENT PLAN REVIEWED: ________________________________

TREATMENT PLAN REVIEWED: ________________________________
GUIDELINES FOR CASE CONCEPTUALIZATION

1. In his/her own words, what is the client’s presenting problem?

2. In what way(s) does the client perception differ from that of the referral agent?

3. What is your perception of the presenting problem?

4. How is your view of the presenting problem different from the clients?

5. Using a specific counseling theory, how do you conceptualize the client’s presenting problem?

6. What are the secondary problems?

7. When did the problems begin (onset)?

8. How has the client’s day-to-day life been impacted by the problem?

9. Describe the impact of the family system, and others (peer culture, work, etc.) on the client’s concern.

10. How was life different before onset of the problem?

11. How would the client like for things to be different?

12. What are the client’s strengths?

13. What are the limitations/barriers that might hinder or prevent the changes the client would like to enact?

Based on the information above, a treatment/counseling plan, including goals (long range) and objectives (short range) should be formulated. The methods for working toward change should be clearly identified.
# CASE PRESENTATION RUBRIC

<table>
<thead>
<tr>
<th>Case Presentation Component</th>
<th>Marginal (0 pts)</th>
<th>Developing (2 pts)</th>
<th>Competent (3 pts)</th>
<th>CACREP 2016 Standard</th>
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<tr>
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<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Case Conceptualization</td>
<td></td>
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<td></td>
<td>Sect. 2 –b., g. Sect. 3 – c.</td>
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<tr>
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<tr>
<td>Case Presentation</td>
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<td></td>
<td>Sect. 2-h., i., j.</td>
</tr>
</tbody>
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Comments:

**Case Presentations** contain these materials and a brief presentation in class (with copies provided to all peer supervisors)

- Intake
- Case Conceptualization Form
- Case Treatment Plan
- Case Presentation
  - Overall Client Goals
  - Session Focus Goals and Process
  - Session Summary/Progress Note
  - Identified Intervention with resources: Should include brief discussion of intervention, theoretical foundation, rationale, evaluation of outcomes or indicators, and resources

**Evaluation:**

**Marginal:** Has not demonstrated the competency area or has demonstrated the competency with significant deficits.

**Developing:** Has demonstrated some components of the competency area while still demonstrating a need to address or develop skills in other aspects of the competency area.

**Competent:** Has demonstrated all requirements attached to the competency area.

*Students who receive marginal scores in any of the areas will need to resubmit requirements in that area for review. This may include remediation and work with their University Supervisor to develop competency.*
COUN 7920 SYLLABUS

1. **Course Number:** COUN 7920
   **Course Title:** Counseling Internship
   **Credit Hours:** 3–9 Semester hours
   **Prerequisites:** None
   **Semester/Year:** Spring 2017
   **Instructor of Record:** Amanda M Evans, Ph.D., LPC-S, ACS, NCC
   2084 Haley Center
   (334) 844-7695 / (724) 510-1152 (cell phone – emergencies only)
   amt0004@auburn.edu

2. **Date Syllabus Prepared:** Fall 2000, January 2017.


4. **Course Description:** Internships are viewed as the culminating activity in degree program and ordinarily follow the completion of coursework and the full complement of supervised counseling practica. Thus, by the time students enter the internship phase of their programs of study, they are prepared to provide culturally competent and valuable services to the consumer within the community-based organization/agency for which they work.

   The Clinical Mental Health Counseling program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a corporate affiliate of the American Counseling Association (ACA). All such accredited masters programs are 2 years in length and include 600 clock hour internship. The preparation received in accredited programs not only provides students a quality education but greatly improves their opportunities for additional counselor credentials (i.e. licensure and certification).

5. **Course Objectives:** Interns will perform, under the supervision of an approved community counselor who has a minimum of a master’s degree in counseling or a closely related area and minimum of two years counseling experience in clinical mental health counseling, the work roles, and responsibilities of a clinical mental health counselor. Upon completion of this internship course, students will demonstrate the following:
Learning Objective 1: Completion of 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area. Internship students complete at least 240 clock hours of direct service (2016 CACREP Sec. 3J and K)

Class Requirement 1: All students will maintain their CMHC approved placement.

Artifact 1: Students will maintain a counseling log documenting all indirect and direct hours completed.

Learning Objective 2: Weekly interaction that averages one hour per week of individual and/or triadic supervision throughout the internship, performed by the onsite supervisor. (2016 CACREP Sec. 3L)

Class Requirement 2: Site supervisors will provide one hour of supervision each week.

Artifact 2: Student will maintain a counseling log documenting all supervision hours received.

Learning Objective 3: Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member (2016 CACREP Sec. 3M)

Class Requirement 3: Students will meet for a three-hour course bi-weekly for group supervision.

Artifact 3: Attendance will be verified by the instructor.

Learning Objective 4: The opportunity for the student to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship. (e.g., record keeping, assessment instruments, supervision, information and referral, in-service and staff meetings). (2016 CACREP Sec. 3D)

Class Requirement 4: Students will participate in professional development opportunities at their site as though they were a professional counselor.

Artifact 4: During their site visit conducted by the instructor of record, professional development will be discussed and reviewed.

Learning Objective 5: Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students’ interactions with clients. (2016 CACREP Sec. 3B)

Class Requirement 5: Sites will provide opportunities for recording sessions, live supervision, or co-led counseling services.

Artifact 5: Information will be document through counseling log.

Learning Objective 6: Formative and summative evaluations of the student’s counseling performance and ability to integrate and apply knowledge are
conducted as part of the student’s practicum and internship. (2016 CACREP Sec. 3C)

Class Requirement 6: Student will receive passing grades in the midterm and final evaluation to continue matriculation.

Artifact 6: Evaluations will be submitted and reviewed by instructor of record.

6. Course Content Outline: Course content will include topics relevant to intern’s clinical experiences and professional development. A portion of the content will be determined by the learning needs of the students enrolled.

7. Class Schedule
   Date: 1/12
   Topic: Introduction; Caring for self vs others
   Readings/Assignments: Skovolt xix, Chapter 1 Self Care Assessment Due

   Date: 1/26
   Topic: Joys, rewards, and gifts of practice
   Readings/Assignments: Skovolt, Chapter 2 and Case Conceptualization (2)

   Date: 2/9
   Topic: The cycle of caring
   Readings/Assignments: Skovolt, Chapter 3 and Case Conceptualization (2)

   Date: 2/23
   Topic: Elevated stressors novice professionals
   Readings/Assignments: Skovolt, Chapter 4 and Case Conceptualization (2)

   Date: 3/9
   Topic: Hazards of practice
   Readings/Assignments: Skovolt, Chapter 5 and Case Conceptualization (2)

   Date: 3/30
   Topic: Hemorrhaging of the caring self
   Readings/Assignments: Skovolt, Chapter 6 and Case Conceptualization (2)

   Date: 4/6
   Topic: What is human resilience
   Readings/Assignments: Skovolt, Chapter 7 and Case Conceptualization (2)
Date: 4/19  
**Topic:** Sustaining the professional self  
**Readings/Assignments:** Skovolt, Chapter 8 and *Follow-Up Cases*

Date: 5/5  
**Assignments:** Submit all Internship Materials by 5 p.m. this date.

8. **General Information and Assignments/Projects:**

A. **Accrual of Hours:**
A minimum of 600 hours (9 credit semester hours), to begin after completion of required practica, in providing all of the services that a regularly employed counselor in the setting would be expected to perform and attending the internship course.

A minimum of 240 hours providing direct service to the clients is required. Services include individual and group counseling. The student must be provided appropriate on-site office space for meeting clients (students must accrue group counseling experience in either practicum or internship).

B. **Site Supervision**
The student must be provided appropriate on-site office space for meeting clients. A minimum of 1 hour per week of individual supervision by the site supervisor is required (an average of 15 hours per semester) along with a minimum of one visit by the university supervisor. Site supervisors will submit midterm and final evaluations of the student’s performance based on the supervisor’s observations of the student’s counseling skills and related work. Site supervisors will have (1) a minimum of a master’s degree, preferably in counseling, or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of pertinent professional experience in the specialty area in which the student is enrolled; (4) knowledge of the program’s expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision.

C. **Group Supervision:** Group supervision will occur every other week in the form of on-campus seminars averaging 3 hours (about 24–27 hours of group supervision). Group supervision/on-campus seminars will include discussions of the counseling related topics pertinent to stages of counselor/client relationship, specific topics arising from trainees’ experiences, and treatment/counseling planning/case review for each supervisee.

D. **Assignments to be Submitted:** Each student will be expected to complete and submit the following assignments for satisfactory completion of this course:

1. **Documentation:**
a. CMHC Internship Log
b. CMHC Supervisor Contract
c. Information Sheet, Internship Information Sheet

2. **Readings Assignments:** Students are expected to incorporate class readings into classroom discussion

3. **Oral Case Conceptualization Summary:** Internship students will present client cases in oral form during the semester:

a. Students will present an in-depth summary of an active client case. Using the Case Presentation format outlined at the end of the syllabus, students will write a case summary (DO A CLIENT MAP) in PowerPoint. The case summary is to be turned in to the instructor at the time of the presentation (Word Format). Presentations will be approximately 45 minutes in length, which includes an oral report, relevant discussion, and an audio recording of a counseling session with the client. Please be sure to attain client consent before recording and maintain client confidentiality in collecting and destroying your work.

4. **Bi-Weekly Journals:** Every week that we do not meet for class, please submit a reflection about your personal-professional internship experiences. A one-page, single-spaced entry is desirable. *Journals are due on the Mondays that we do not meet for class.*

9. **Class Policy Statements:**

Students are expected to participate in all supervisory class discussions and participate in all exercises and activities. It is the student’s responsibility to contact the instructor if deadlines are not met. Students are responsible for initiating arrangements for missed work. Additionally, students are expected to attend work at their internship site. Attendance is **required** at each class meeting and at the internship site. Students who miss class or internship hours on site because of illness need a doctor’s statement for verification of sickness and should clear the absence with the instructor or site supervisor. Other unavoidable absences from campus must be documented and cleared with the instructor or site supervisor **in advance**.

Students are also expected to demonstrate an understanding of ethical and professional issues related to competent practice with diverse populations.

Please **turn off** or turn all electronic devices to vibrate before entering class. Cell phones are not to be answered in class. If you receive a call, please exit the classroom or wait until a scheduled break before answering the call.
Students who need accommodations are asked to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternative time can be arranged. To set up this meeting, please contact me by e-mail. Bring a copy of your Accommodation Memo and an Instructor Verification Form to the meeting. If you do not have an Accommodation Memo but need accommodations, make an appointment with the Office of Accessibility at 1228 Haley Center, 844-2096 (V/TT).

The University Academic Honesty Code and the Student EPolicy Handbook Rules and Regulations pertaining to Cheating will apply to this class.

Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:

- Engage in responsible and ethical professional practices
- Contribute to collaborative learning communities
- Demonstrate a commitment to diversity
- Model and nurture intellectual vitality

Justification for Graduate Credit (for Graduate Credit Only)

Graduate courses “should be progressively more advanced in academic content than undergraduate programs” and should “foster independent learning” (SACS guidelines 3.6.1 and 3.6.2). Further, the guidelines presented in the Statement of Clarification of the Definition and Use of 6000-level courses as approved by the Graduate Council, May 21, 1997, apply.
*Please include as much information as possible and relevant to the specific client case*

**Diagnosis**
What is the client’s diagnosis, if your site does not diagnose – please try anyway
Use 5 level diagnostic system

**Objectives of Treatment**
What are the goals?

**Assessment**
- Presenting Concern
- Demographic Characteristics
- Mental Status Information
- Cultural and Religious Background
- Family Background
- Other relevant past history and experiences
- Social Behavior
- Lifestyle
- Education and Occupation History
- Family History of Psychiatric Illness
- Has the client been administered any assessments (i.e., Beck Depression Inventory, etcetera)? (If so, please indicate which assessments or assessment outcomes if available)

**Clinician Characteristics**
- What is your style/approach to working with this client?
- What are you cognizant of when providing services?

**Location of Treatment**
- Where is treatment offered (i.e., in the home, in the office, in the community)
- How is the treatment afforded by the client?
- How often does the client attend scheduled sessions?

**Interventions to be used**
In consideration of the objectives and clinician characteristics, what type(s) of interventions have you selected?

**Emphasis of Treatment**
- What are the themes?
- How have you adopted a counseling approach/theory to your work with the client?
Numbers
What is the number of people in treatment?
Is the client receiving individual, family and/or group therapy?
What are you specifically involved in?

Timing (frequency, pacing, duration)
How often do you meet with the client?
How long are sessions?
What is the pace/format of the session?

Medication Needed
Is the client prescribed medication?
What do you know about the medication?

Adjunct Services
What other services does the client receive?
Are there community resources available for the client?

Prognosis
Based on all of this information, what is your prognosis for the client?


Class Presentation Requirements

1) Please prepare this information in a PowerPoint document format to share with your peers on a client that you are experiencing difficulties with. It is suggested that you do not select a client that you are having success with because the feedback provided by peers will then be less relevant and we want the presentation assignment to be the most beneficial to you as an intern.

2) Please develop 3 questions related to your case in which you honestly request the feedback and insight from your peers.
COUN 7920 CLINICAL MENTAL HEALTH COUNSELING INTERNSHIP LOG

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Summary of Direct Hours: _____________ Summary of Indirect Hours: _____________ Total Hours: _____________

By signing this Internship Log, I am confirming that the Clinical Mental Health Counseling Student has completed the hours listed.
Appendix B

Clinical Rehabilitation Counseling

Professional Practice

Syllabi and Forms
PRACTICUM AND INTERNSHIP INFORMATION SHEET
Auburn University
Special Education, Rehabilitation and Counseling
Clinical Rehabilitation Counseling

This form is to be completed at the beginning of practicum and internship by the student, site supervisor, and university group supervisor. All concerned should retain copies and the university group supervisor shall place one copy in the student’s folder.

Number of practicum or internship credit hours for which you are enrolled this semester:

Student Information
Student’s Name:

Address:

Home Phone #: Cell Phone #:

Email Address: Faculty Advisor:

Internship Goals & Objectives (use back of page):

Internship Site Information
Internship Site Name:

Address:

Directions to the site from Auburn Campus (please attach separate pages):

On-site Supervisor:
Name:

Title:

Office Phone/Email Address:

Practicum/Internship Schedule including a total number of work hours per week:

__________________________________________________________________________

Counseling Student Date

__________________________________________________________________________

Site Supervisor Date
University Group Supervisor

Date
1. **Course Number:** COUN 7910  
   **Course Title:** Practicum in Rehabilitation Counseling  
   **Credit Hours:** 3 semester hours  
   **Prerequisites:** Completion of first year coursework in Rehabilitation Counseling program.  
   **Corequisites:** None  
   **Instructor:** Nicholas C. Derzis, Jr., PhD, CRC  
   derzinc@auburn.edu  
   334-844-2501

2. **Date Syllabus Prepared:** May 2016

3. **Recommended Texts and Resources:**  

4. **Course Description:**  
   Supervised counseling experiences in which students serve as counselors at pre-arranged and approved settings.

5. **Student Learning Outcomes:**  
   According to the 2016 CACREP Standards the following are requirements for all students enrolled in the practicum course experience:  
   - Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks  
   - Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of rehabilitation counseling skills

   Through extensive practice of individual and group counseling, integration of theory and professional issues, development and implementation of course related activities, and the participation in group and individual supervision and the completion of written and simulated tasks included in practicum, students will be required to *demonstrate these counseling skills* in the following competency domains for practice in Clinical Rehabilitation Counseling (CACREP, 2016, standards 5.D.3.a-e):

   a. Diagnostic interviews, mental status examinations, symptom inventories, psychoeducational and personality assessments, biopsychosocial histories, assessments for treatment planning, and assessments for assistive technology needs

   b. Career- and work-related assessments, including job analysis, work site modification, transferrable skills analysis, job readiness, and work hardening
c. Strategies to advocate for persons with disabilities

d. Strategies for interfacing with medical and allied health professionals, including interdisciplinary treatment teams

e. Strategies to consult with and educate employers, educators, and families regarding accessibility, Americans with Disabilities Act compliance, and accommodations

6. Course Content Outline:

Each week’s class will include a discussion of the counseling related topics pertinent to the stages of the counseling practice, such as relationship building, case conceptualization, counseling planning, and formative and summative evaluations of cases. Supervisees will also participate in Group Supervision relevant to their development and counseling experiences at their sites.

Week 1-3 Course Introduction
A. Learn course requirements
B. Discussion of the supervisory process and requirements
C. Discussion of ethical and legal issues in practicum

Dimensions of the Counseling Process
A. Beginning stages of group and individual counseling
B. Discussion of ethical and legal issues in practicum
C. Training on digital taping and storage
D. Discussion of site-specific professional development and professional responsibilities

Weeks 3-6 Case Conceptualization and Consultation
1. Case consultation and conceptualization skills
2. Review of individual and group counseling skills
3. Documentation skills
4. Theoretical Integration
5. Developing treatment plans
*First Reflection Due

Assignments Midterm (5th or 6th Class session): Submitted to Group Supervisor
- Site Supervisor approved/signed Midterm Practicum log
- Individual University Supervisor Evaluation (will be provided by Supervisor)
- Self-evaluation (copy provided to Individual Supervisor by supervisee)
- Site Supervisor Evaluation

Weeks 6-9 Case Consultation and Case Presentations
A. Case consultation
B. Case Presentations
C. Peer Supervision

*Reflections 2–4 due (6th week, 8th week, 10th week)

Weeks 9-10  Case Consultation, and Self-Evaluation of Progress
A. Case consultation
B. Evaluate individual progress toward goals and objectives
C. Evaluating treatment plans

Assignments: Final Documentation - Group Supervisor
1. Final Signed Practicum log (should be signed by the site supervisor weekly)
2. Final Evaluation forms:
   ✓ Site Supervisor: electronically submitted
   ✓ University Supervisor
   ✓ Student Self-evaluation
   ✓ Student Evaluation of University Supervisor
   ✓ Student Evaluation of Site
3. Counseling Skill Demonstration Module:
   ✓ Treatment Plan
   ✓ Intake/Initial Interview
   ✓ Case Conceptualization
   ✓ Progress Note
   ✓ Session Summary

7. Assignments/Projects:
   A. Group Supervision: Practicum requires student attendance in both Group and Individual Supervision, this follows CACREP (2016) and ACA Ethical Codes related to supervision during practicum. Thus, the requirement is that students will attend all classes (group supervision). Students who will need to miss more than one group supervision session may be required to repeat the course.

   Group Supervision occurs during class time. During this time students will participate in discussions about counseling issues, skills development, case conceptualization, and specific issues identified by the course instructor. Readings will be assigned text, journals, and other sources. Students are expected to link relevant material from the readings to the practicum experience in class discussions.

   Group Supervision includes the discussion of cases and peer supervision. Group Supervision and Peer Supervision follows these guidelines:
   • Students must maintain confidentiality of all case discussions. The discussion of cases outside of the group setting with any other persons other than those in the agency of the placement (this would only include other student counselors during appropriate staffing or supervised meetings), the client, or appropriate Supervisors would demonstrate unethical behavior and non-adherence to ACA Ethical Standards.
as well as the Auburn University Code of Student Discipline. This behavior may result in review by a student’s Academic Committee and recommendation of remediation or dismissal.

- Peer Supervision requires respect, and this includes respect during case discussions and when providing feedback.

Client Case Conceptualization Presentation: Students are expected to develop a PowerPoint presentation and present all components of the presentation in group supervision. The following components are required:
  - Client’s presenting concern and background information gathered at first appointment
  - Information gathered via formal and/or informal assessments
  - Client’s goals for counseling
  - Conceptualization of the client’s concerns through a theoretical lens (including all components of the Case Conceptualization Guidelines)
  - Plan for counseling including short-term and long-term goals, theory-based interventions, and evaluation (e.g., treatment plan)
  - Description of a single counseling session’s focus, goals, interventions, process, and observations of progress (e.g., progress note)
  - At least one segment of the audio recording of this counseling session that demonstrate the student’s counseling skills (e.g., assessment, implementing an intervention, evaluating the effectiveness of counseling, etc.).

Session Documentation:
- Session Summaries for all Direct Service Hours – Progress notes for all direct service hours, and Session Process Questions for those sessions that are taped.
- Practicum Log to verify hours
- Midterm and Final University Supervisor Evaluation (copy provided to Group Supervisor and Student)
- Student Mid-term and Final Self-Evaluation – provided the week prior to the University Supervisor completing their Evaluation

Midterm Documentation:
- Site Supervisor approved/signed Midterm Practicum log
- Individual University Supervisor Evaluation (will be provided by University Supervisor)
  - Self-Evaluation (copy provided to Individual Supervisor by supervisee)
  - Site Supervisor Evaluation

Final Documentation:
1. Final Signed Practicum log (should be signed by the site supervisor weekly)
2. Final Evaluation forms:
   - Site Supervisor: electronically submitted
University Supervisor
Student Self-evaluation
Student Evaluation of University Supervisor
Student Evaluation of Site.

3. Counseling Skill Demonstration Module:
   - Treatment Plan
   - Intake/Initial Interview
   - Case Conceptualization
   - Progress Note
   - Session Summary

B. Counseling Direct and Indirect Hours: Students will complete a minimum of 100 total practicum hours which includes both direct and indirect hours. Students will be required to complete a minimum of 40 clock hours of direct service. Students are required to be at their sites for a minimum of 10 hours per week and not more than 12 hours per week unless it is determined necessary to meet minimum direct service hours. Students should be aware that they are required to continue providing direct and indirect counseling services for the full semester in which they are enrolled in practicum. As part of your academic fees you have paid for liability insurance for your clinical counseling experiences.

Direct Service: These are hours spent in direct counseling services with a client. These are services that also promote the development of counseling skills for the supervisee. This includes Individual Counseling, Group Counseling (where the supervisee is Leading or Co-Leading Group), Psycho-Educational Group Counseling, and Intake/Initial Interview.

We require that a minimum of 15 of your counseling sessions be audio taped work samples. Group and Psycho-educational sessions and Intake/Interview or Follow-Up sessions cannot be taped. However students will be required to document these activities.

Developing work samples is supposed to be developmental so students are recommended to tape all sessions (for which they have consent) and session taping will occur throughout the semester.

Indirect Service: Students will also be required to engage in what is termed indirect service hours and activities. These hours are often focused on preparing for counseling, professional program responsibilities on-site, professional development and supervision.

Types of indirect service hours may include Supervision hours (Site, University, Group), Documentation and case management, Site and Client-based Advocacy, Professional Development (Site or Group Supervisor approved and does not include training required to start practicum experience), Site Development and Program Activities, and Counselor educational or development activities (educational, client development).
**Documentation of Hours:** Students will be required to document all Direct and Indirect hours using the *Counseling Practicum Log*. Students are required to maintain this log throughout the practicum experience. The Log will be signed on a weekly basis by the Site and University Supervisors. The University Supervisor will be documenting that direct service hours parallel submitted documentation (e.g., session summaries) and that indirect hours are identified.

Documentation of all hours must follow all ACA Ethical Standards as well as CACREP (2016) guidelines. A student who falsifies direct and/or indirect hours will not be following these standards. Students should be aware of Auburn University polices regarding Academic Honesty and Student Conduct (see also Academic Progress in the University Bulletin), thus falsifying hours may result in review by a student’s Academic Committee and recommendation of remediation or dismissal. Students should refer to the CED Evaluation and Retention policy in their program handbook for program policies related to evaluation and due process.

C. **Documentation of Counseling Experiences:** All counseling experiences will require documentation. This includes the requirement of audio digital taping of sessions (work samples), and documentation of the counseling process.

**Work Samples:** Students are expected to submit an average of two recorded counseling sessions weekly throughout the semester in which they are enrolled in practicum. Students must submit a minimum of 15 work samples throughout the semester in order to complete practicum. A *Consent to Tape* form must be obtained from each client before taping. If the client is unable to consent (e.g., minor) then you must obtain consent from the legally recognized guardian.

Students are required to upload and store all audio tapes through Panopto Drop Box in CANVAS. The acceptable file types for upload are mp3, wma, m4a. **All work samples must be uploaded within 24 hours of the counseling session.** If you run into technical difficulties, let’s troubleshoot and work on getting this resolved sooner rather than later. 😊 There are audio recorders available for checkout in the Learning Resource Center (LRC).

**Session Documentation:** Students will maintain the required session documentation in a file for each client and/or group with all identifying data coded. Students should use the same coding for each client and note session #. Session documentation will be submitted on CANVAS under the appropriate section. **All documentation for direct service hours must be loaded within 48 hours of providing the direct service.**

Required Documentation:
- Session Summary form for all direct service hours with the Summary Process Questions completed for all audio taped sessions. This includes Group sessions
• **Consent Documents will be coded and uploaded to CANVAS (no name or signature on document). The original must be maintained in a secured file cabinet in the Supervisee’s house or office.**

• Case Presentation materials

• Evaluations

• Students are recommended to update and copy their log on CANVAS.

Students should follow these rules concerning documentation:

• Students are never to remove, copy, or take any client-specific site documentation off site.

• All documentation should follow ACA 2014 Ethical Standards

• All documentation is to be maintained on CANVAS and is to be maintained until it has been determined that the student has successfully met all requirements for the Practicum course.

• At the end of the semester, all materials submitted to CANVAS will also need to be submitted to Dr. Derzis in a folder or binder. Distance education students will need to ship this binder to me. I would recommend using tracking and/or delivery confirmation. I can receive materials at the following address:

  Auburn University  
  Department of Special Education, Rehabilitation, and Counseling  
  Attn: Dr. Derzis  
  2084 Haley Center  
  Auburn University, AL 36849

**D. Individual Supervision:**

In addition to participating in Group Supervision, students are required to attend 1 hour of University Individual Supervision per week. As with class attendance, this is mandatory. In case of absence due to illness or other crisis condition, practicum students will notify all supervisors. It is the student’s responsibility to make up absences in individual supervision immediately. A student who has not been supervised during their weekly meeting and is unable to make it up within that week will be unable to see clients on site until they have made up their individual supervision time.

The assigned university supervisor will provide individual supervision weekly. In preparation for supervision:

• Students are required to upload all audio tapes within 24 hours of taping the session.

• All documentation (e.g., Session Summary Form) must be loaded within 48 hours of completion of direct service hours.

• Students are required to upload their Practicum Log on a weekly basis. This log will be used to determine if the reported direct and indirect hours have been properly documented.
E. **Site Supervision**: All students will have a designated site supervisor. Although these interactions may vary, this includes opportunities for on-going supervision, consultation, and collaboration. Site supervisors will have (1) a minimum of a master’s degree in counseling or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of counseling experience; (4) knowledge of the CMHC program’s expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision. Site supervisors will complete both a midterm and a final evaluation of the student as well as verification of direct and indirect site hours (Practicum Log).

F. **Ad Hoc Assignments**: Students may be required by their Individual Supervisor or Group Supervisor to do additional assignments. These assignments may include reflections, readings, demonstrations, or other activities focused on developing their counseling skills.

G. **Reflection Activities**: Students will be required to submit 5 reflections throughout the semester. These reflections will focus on the students’ development, challenges, and the supervisory process. These are due the 3rd, 6th, 8th, 10th, 14th.

8. **Rubric and Grading and Evaluation Procedures**:

The COUN 7910 course grade is determined by classroom and site performance. To successfully pass the Practicum Course, students must attend classes, complete practicum assignments, submit the appropriate documentation (including practicum hours log and evaluations) and successfully complete the 100-hour practicum experience, including a minimum of 40 direct hours that are verified by the site supervisor as evidenced in a signed counseling log. Students will not pass the course if they have poor attendance at the site or in the classroom, do not submit class assignments, do not obtain a satisfactory midterm/final evaluation, are accused of fraudulent log documentation, are accused of an ethical violation, do not demonstrate appropriate professional behaviors or any other behaviors deemed inappropriate as cited in the COUN Handbook, Professional Practice Handbook, Code of Ethics and AU Graduate School Standards. Grades are S/U.

9. **Class Policy Statements**:

1. **Attendance**: Attendance is required in this course for group and individual supervision. This requirement follows CACREP 2016 and ACA 2014 Ethical Standards related to the provision of counseling direct services during training (practicum and internship experiences).

2. **Excused absences**: Due to specific course requirements students will only be granted excused absences from class or supervision on a limited basis. This is to meet specific requirements related to supervision while providing direct counseling experiences. An excused absence may include illness of the student or serious illness of a member of the student’s immediate family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for
participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. Students who wish to have excused absences from class for any other reason must contact the instructor in advance of the absence to request permission. The instructor will weigh the merits of the request and render a decision. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall notification occur more than one week after the absence. Appropriate documentation for all excused absences is required. Please see the Auburn Bulletin for more information on excused absences.

3. Make-Up Policy: Arrangement to make up a missed major examination (e.g., hour exams, mid-term exams) due to properly authorized excused absences must be initiated by the student within one week of the end of the period of the excused absence(s). Except in extraordinary circumstance, no make-up exams will be arranged during the last three days before the final exam period begins.

4. Academic Honesty Policy: All portions of the Auburn University Student Academic Honesty Code (Title XII) will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.

5. Disability Accommodations: Students who need special accommodations in class, as provided by the Americans with Disabilities Act, should arrange for a confidential meeting with the instructor during office hours in the first week of classes (or as soon as possible if accommodations are needed immediately). The student must bring a copy of their Accommodations Letter and an Instructor Verification Form to the meeting. If the student does not have these forms, they should make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT).

6. Course contingency: If normal class and/or lab activities are disrupted due to illness, emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, an addendum to your syllabus and/or course assignments will replace the original materials.

7. Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:
   a. Engage in responsible and ethical professional practices
   b. Contribute to collaborative learning communities
   c. Demonstrate a commitment to diversity
   d. Model and nurture intellectual vitality

10. Justification for Graduate Credit:
This course includes advanced content crisis intervention. This includes content as specified by the Council for the Accreditation of Counseling and Related Programs (CACREP, 2016). All academic content approved by CACREP is for advanced Masters
and/or Doctoral graduate study. This includes rigorous evaluation standards of students completing the student learning outcomes specified in this syllabus.
ADULT INFORMATION AND CONSENT FORM
Auburn University
Auburn University, Alabama 36849-5222
Special Education, Rehabilitation and Counseling
2084 Haley Center
Telephone: (334) 844-7676

I would like to take this opportunity to welcome you to counseling and provide you with some information that you may find valuable. I am currently a counselor-in-training at Auburn University, Alabama. When I complete my program, I will hold a graduate degree in Counseling.

Our relationship, although psychologically personal at times, should be regarded as strictly professional in nature. We will meet once a week for approximately 50 minutes. Since we will be limited in the amount of time we have to work together, our highest priority will be on the short-term goals we work together to establish. As your counselor, all I request is that you be willing to work with me towards the goals you set for yourself.

Should you need to cancel an appointment, please attempt to do so at least 24 hours in advance. Additionally, it will benefit you to know that I am not on call. Should you have a problem that needs immediate attention, contact the designated individual at your site.

I am ethically bound to keep confidential anything you say in our sessions, with the following exceptions: (1) if I believe you are a potential danger to yourself or to someone else; (2) if I suspect child abuse or neglect or the abuse or neglect of an adult who is mentally or physically unable to care for him or herself; (3) if I am ordered to disclose information by a court of law; (3) if you grant me written permission to disclose information to another person; and (4) for supervision/consultation purposes. In order for me to provide you with the best care possible, I will regularly record our sessions, consult with my supervisor, and peer counselors.

If at any time you are dissatisfied with my services, please do not hesitate to let me know. If we cannot come to an understanding and resolution, it is my duty to refer you to another care provider. My university supervisor is _____________________________. My site supervisor is _____________________________.

If you have any questions now or in the future, please feel free to ask at any time. Please indicate your understanding and consent by signing below.

Signature of Counselor: ____________________________ Date: _________________

Signature of Client: ____________________________ Date: _________________
RSED 7920 SYLLABUS

1. COURSE NUMBER: RSED 7920
   Course Title: Internship in Clinical Rehabilitation Counseling
   Credit Hours: 9
   Instructor: Nicholas C. Derzis, Jr., Ph.D., CRC
               Assistant Clinical Professor and Clinical Coordinator
   Office: 1214 Haley Center
   Telephone: (334) 844-2501
   E-mail: derzinc@auburn.edu


3. Textbooks — Required

   Department of Rehabilitation and Special Education. (2002). Graduate Internship Manual for Master of Education Degree in Rehabilitation. Auburn University. (Available from SERC).

   This manual provides detailed information about the requirements of the supervised clinical practice and contains various forms to be completed by the intern and supervisor during the course of the internship.


4. Course Purpose

   The Supervised Clinical Practice or Internship in Clinical Rehabilitation Counseling provides a time for students to further develop and refine techniques and skills in conjunction with the rehabilitation process. It gives the student the opportunity to apply theory in the practice of rehabilitation counseling, vocational evaluation, case management and/or project management. Provided under the general direction of a University Supervisor and the immediate supervision of qualified personnel in human service organizations, agencies, or facilities, the internship will constitute full or part time study over a period of one or two semesters. A minimum of 600 clock hours of supervised clinical practice is required, including 240 hours providing direct counseling services to clients.
5. **Course Objectives**

Each intern will be able to:

1. Apply and test academic/theoretical knowledge in a realistic rehabilitation setting.

2. Experience the realities of the counselor/client relationships and that self-understanding plays in this relationship.

3. Develop confidence in his or her abilities (knowledge and skills) in a situation that provides consistent and appropriate feedback necessary for maximum professional growth and development.

4. Inculcate high standards of professional identity.

5. Acquire an understanding of organizational structure, protocol, processes, and internal and external working relationships.

*There will be four additional objectives for the student to formulate with the site supervisor and submit to the clinical coordinator.*

6. **Supervised Clinical Practice Requirements**

**Readiness to Participate**

Students must demonstrate readiness to participate. This usually requires the completion of the majority of the academic program with a minimum cumulative grade point average of 3.0.

Students must have competed the 100-hour practicum course **prior** to enrollment in the internship.

Students will sign and return the Auburn University College of Education Memorandum of Understanding regarding Professionalism.

**Site Selection**

Each intern is responsible for locating an appropriate internship location. The clinical coordinator is available to assist with this process.

Consent must be obtained from the University Supervisor regarding the site selected prior to beginning the internship. It is suggested to start locating internship location (6) six months prior to internship.
Written Supervised Clinical Practice Plan (15 points due January 27)

Each intern must develop a written supervised clinical practice plan. The plan should address the hours to be worked, type and nature of internship activities and type of supervision provided on site; list of activities in which the student will be involved; and skills to be developed and evaluated. This plan should be jointly formulated with the internship site supervisor.

Journals (each journal is worth 4 points due weekly x 11 weeks = 44 points)

As a part of the internship experience, each student will keep a weekly log or journal of the experiences for each day of the internship. These entries should reflect on new learning, experiences during the week, your personal thoughts on the activities you participated in or shadowed, and general thoughts regarding the week. You should discuss the services rendered, services coordinated, individuals and different disabilities served, and how you assisted the individuals served with managing their impediments to employment. Journal entries should be approximately one to two (1-2) pages in length and turned in weekly via CANVAS.

University Meetings and Supervision (weekly, worth a total of 15 points)

A minimum of 1 hour per week of individual supervision by the site supervisor is required (an average of 15 hours per semester) along with a minimum of one visit by the university supervisor. Site supervisors will submit midterm and final evaluations of the student’s performance based on the supervisor’s observations of the student’s counseling skills and related work. Site supervisors will have (1) a minimum of a master’s degree, preferably in counseling, or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of pertinent professional experience in the specialty area in which the student is enrolled; (4) knowledge of the program’s expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision.

Weekly supervision (individual meetings may be scheduled as warranted) with other interns and the University Supervisor will occur during the course of the internship. These are required meetings and EACH student must attend 10 sessions of group supervision online this semester. If the student fails to attend 10 group supervision sessions, the grade of U will be assigned.

In addition to these major requirements, students will turn in the following Appendices from the Rehabilitation Counseling Internship Manual:

- Appendix A  Application for Rehabilitation Counseling Internship
- Appendix B  Site Supervisor Information (5 points due 1/27/16)
- Appendix C  The Internship Agreement and Internship objectives (10 points due 1/27/16)
Appendix E** Site supervisor monthly evaluations (submitted midterm and final) I will e-mail these directly to the supervisor

Appendix F Student Internship Evaluation (due at the end of semester, evaluation will be e-mailed out) (6 points due 5/2/16)

Appendix G Time log (due at completion of 600 hours indicating direct and indirect hours) (Worth 5 points, due 5/2/16)

Everything turned in on CANVAS will need to be mailed to me with originals during the last week of the semester. Once hard copies are received, grades will be entered.

CORE Accreditation

Auburn University’s Rehabilitation Counseling program is fully accredited by the Council on Rehabilitation Education (CORE). This course meets the standards set for the supervised clinical practice experience.

Certified Rehabilitation Counselor Designation

Interns are strongly encouraged to seek certification as a Certified Rehabilitation Counselor (CRC). Application materials may be obtained from:

Commission on Rehabilitation Counselor Certification
1690 East Woodfield Road, Suite 300
Schaumburg, Illinois 60173 U.S.A.
847-944-1325

7. Evaluation Requirements

Midterm and final evaluations will be completed by on site supervisors based on the supervisor’s observations of the intern’s counseling skills and related work. The evaluations will be e-mailed directly to your supervisor from the site supervisor. These evaluations will be reviewed with each student individually after midterm evaluations are received and after final evaluations are received.

This course is a Satisfactory (S) or Unsatisfactory (U) for grading. In order to earn the grade of S (Satisfactory) you must earn enough points to earn a B in the class, being a minimum of 84 points).

8. Class Policy Statements

a. Attendance: Students are expected to attend all classes and will be held responsible for any content covered in the event of an absence.

b. Excused absences: Students are granted excused absences from class for the following reasons: illness of the student or serious illness of a member of the student’s immediate family, the death of a member of the student’s immediate
family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. Students who wish to have an excused absence from class for any other reason must contact the instructor in advance of the absence to request permission. The instructor will weigh the merits of the request and render a decision. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall such notification occur more than one week after the absence. Appropriate documentation for all excused absences is required. Please see the Student Policy eHandbook for more information on excused absences.

c. **Make-Up Policy**: Arrangement to make up a missed major examination (e.g., hour exams, mid-term exams) due to properly authorized excused absences must be initiated by the student within one week of the end of the period of the excused absences(s). Except in unusual circumstances, such as the continued absence of the student or the advent of university holidays, a make-up exam will take place within two weeks of the date that the student initiates arrangements for it. Except in an extraordinary circumstance, no make-up exams will be arranged during the last three days before the final exam period begins.

d. **Written Assignments** are expected to be prepared using word processing software, grammatically accurate, and free of spelling and typographical errors. Papers should be written in accordance with the latest edition of the American Psychological Association (APA) Publication Manual. Assignments are to be of a quality that would be expected of a professional.

Assignments must be turned in the day the assignment is due and during the regularly scheduled class time. Also, assignments must be turned in by the student completing the assignment. **No late assignments** will be accepted unless accompanied by an excuse approved by the university. Please submit your assignment via Canvas. If Canvas is having difficulty, please email me.

If a student misses an assignment and has a university approved excuse, he or she will have **one week** from the time he or she returns to class to turn in the assignment.

e. **Academic Honesty Policy**: All portions of the Auburn University Student Academic Honesty Code (Title XII) found in the Student Policy eHandbook will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.

f. **Disability Accommodations**: Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. To set up this meeting, please contact me by e-mail. If you need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT).
g. **Course contingency:** If normal class and/or lab activities are disrupted due to illness, emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, and addendum to your syllabus and/or course assignments will replace the original materials.

h. **Professionalism:** As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:
   - Engage in responsible and ethical professional practices
   - Contribute to collaborative learning communities
   - Demonstrate a commitment to diversity
   - Model and nurture intellectual vitality

**Note: Auburn University Policy on Classroom Behavior:** ... Behavior in the classroom that impedes teaching and learning and creates obstacles to this goal [learning] is considered disruptive and therefore subject to sanctions..... Students have the responsibility of complying with behavioral standards ..... Examples of improper behavior in the classroom (including the virtual classroom of e-mail, chat rooms, telephony, and web activities associated with courses) may include, but are not limited to the following: arriving after a class has begun, eating or drinking, use of tobacco products, monopolizing discussion, persistent speaking out of turn, distractive talking, including cell phone usage, audio or video recording of classroom activities or the use of electronic devices without the permission of the instructor, refusal to comply with reasonable instructor directions, employing insulting language or gestures, verbal, psychological, or physical threats, harassment, and physical violence (see Student Policy eHandbook).
APPLICATION FOR REHABILITATION COUNSELING INTERNSHIP

Name: __________________________________________________________

Address: _______________________________________________________

..........................................................................................

..........................................................................................

Phone: (Home)_____________________ (Work) _________________

E-mail Address: ________________________________________________

Date of Application: ___________________________________________

Term of Internship: _____________________________________________

Total number of program hours completed: ______________

List previous experiences at human service agencies:

Name of Agency: ________________________________________________

Start and End Dates: ___________________________________________

Duties: _________________________________________________________

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Name of Agency: ________________________________________________

Start and End Dates: ___________________________________________

Duties: _________________________________________________________

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Name of Agency: ____________________________________________________________

Start and End Dates: ______________________________________________________

Duties: ________________________________________________________________

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Name of Agency: __________________________________________________________

Start and End Dates: ______________________________________________________

Duties: ________________________________________________________________

________________________________________________________________________

Anticipated date of graduation:
_______________________________________________________________________

Completed and signed plan of study on file? ________________________________

Full-time or part-time student? ________________________________

Are you on an approved limited leave of absence or sabbatical?
________________________________

If yes, please attach appropriate documentation from employer.
SITE SUPERVISOR INFORMATION

Name: ________________________________________________________________

Address: ________________________________________________________________

_______________________________________________________________________

_______________________________________________________________________

Phone: (Home)____________________ (Work) ____________________________

E-mail Address: __________________________________________________________

Position / Title: __________________________________________________________

Agency: _________________________________________________________________

Have you supervised rehabilitation counseling students from Auburn University in the past? 
______ If yes, when? ______________________________________________________

Who was your university contact? _________________________________________

Education (Highest academic level obtained)

Institution: ______________________________________________________________

Degree/Year: _____________________________________________________________

Certification (Please check if applicable)

Certified Rehabilitation Counselor (CRC) ______
Licensed Professional Counselor (LPC) ______
Other _____________________________ ______

Renewal Date for Certification: ____________________________________________

Other Related Educational Experiences (Begin with the most recent)

1.) ________________________________________________________________

2.) ________________________________________________________________

3.) ________________________________________________________________
Professional Experience (Begin with the most recent)

Employer: ____________________________________________________________

Address: _____________________________________________________________

Start and End Dates: _________________________________________________

Job Title: ____________________________________________________________

Responsibilities: _____________________________________________________


Employer: ____________________________________________________________

Address: _____________________________________________________________

Start and End Dates: _________________________________________________

Job Title: ____________________________________________________________

Responsibilities: _____________________________________________________


Employer: ____________________________________________________________

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Start and End Dates: _________________________________________________

Job Title: ____________________________________________________________

Responsibilities: _____________________________________________________
Employer: ____________________________________________

Address: ____________________________________________

Start and End Dates: _________________________________

Job Title: ____________________________________________

Responsibilities: ____________________________________

Professional Affiliations: ______________________________

______________________________

______________________________

______________________________

______________________________
Student’s Name: __________________________________________
Current Address: _________________________________________

Telephone: (Current)_________________(Work)_________________{(E-Mail)}____________________

INSTRUCTIONS: This agreement must be completed in triplicate, with one copy retained by the Student and On-Site Supervisor. The original must be filed with the University Supervisor. This agreement is subject to the following conditions: (1) Rehabilitation Counseling Internship cannot begin until the student has completed Practicum (100 hrs.) and a majority of (Approximately 75 percent, semester hours) of coursework in Rehabilitation Counseling; (2) Duties outlined may be subjected to revision, pending all parties’ approval.

Organization’s Name: ______________________________________
Address: __________________________________________________

Telephone: ________________________________________________
On-Site Supervisor’s Name: __________________________________

Beginning Date of Rehabilitation Counseling Internship:
__________________________________________________________

Full-Time: (# of hours per week): ______________________________

Semester and Year in which officially registered for Rehabilitation Services Internship:
________________________

Specific objectives to be achieved must be attached to this form and by reference, become a part of this agreement.

Approval:

Student: __________________________________ Date: _________________

On-Site Supervisor: __________________________ Date: _________________

University Supervisor: __________________________ Date: _________________
REHABILITATION COUNSELING INTERNSHIP

Department of Special Education, Rehabilitation, and Counseling
2084 Haley Center
Auburn University, Alabama 36849

Student’s Name: ________________________________
Site: _________________________________________
Supervisor: ____________________________________
Telephone: __________________________ E-Mail: ___________
Days/Hours per Week: ____________________________

Learning Objectives:

Organizational

1. To apply and test academic/theoretical knowledge in a realistic rehabilitation setting.
2. To experience the realities of the counselor/client relationships and that self-understanding plays in this relationship.
3. To develop confidence in his or her abilities (knowledge and skills) in a situation that provides consistent and appropriate feedback necessary for maximum professional growth and development.
4. To inculcate high standards of professional identity.
5. To acquire an understanding of organizational structure, protocol, processes, and internal and external working relationships.

Individual (Use additional sheets and attach as necessary.)

6. 
7. 
8. 
9. 

Signatures:

Site Supervisor: ___________________________ Student: _________________

University Supervisor: ___________________________ Date: _______________
## COUN 7920 INTERNSHIP IN CLINICAL REHABILITATION COUNSELING LOG

**Student’s Name:** __________________________  **Internship Semester/Year:** ____________  **Date Semester Began:** ____________

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**Site Supervisor Initials & Date**

**REQUIRED Weekly**
Appendix C

School Counseling

Professional Practice

Syllabi and Forms
SCHOOL COUNSELING PRACTICUM AND INTERNSHIP INFORMATION SHEET
Auburn University
Special Education, Rehabilitation and Counseling

This form is to be completed at the beginning of practicum and internship by the student, site supervisor, and university group supervisor. All concerned should retain copies and the university group supervisor shall place one copy in the student’s folder.

University Group Supervisor Contact Information
Address: 2084 Haley Center, Auburn University, AL 36849

Student Information
Name:
Address:
Home Phone #: Cell Phone #:
Email Address: Practicum Course Advisor:

Practicum/Internship Goals and Objectives (Please be specific and attach a separate document):

Practicum/Internship Site Information
School Name:
Address:
Principal’s Name:
Site Supervisor’s Name:
Office Phone #:
Email Address:
Practicum/Internship Schedule (Please include a daily work hour schedule and a total number of work hours per week):

_________________________________________  ______________________________
Counseling Student  Date

_________________________________________  ______________________________
Site Supervisor  Date

_________________________________________  ______________________________
University Group Supervisor  Date
1. **Course Number:** COUN 7910 100  
**Course Title:** Practicum in School Counseling  
**Credit Hours:** 3 semester hours  
**Prerequisites:** COUN 7320, 7350, Departmental approval, Students must notify practicum coordinator one semester in advance of registering for COUN 7910.  
**Corequisites:** None

2. **Date Syllabus Prepared:** August 2016, February 2017

3. **Recommended Texts:**  

4. **Course Description:** Supervised individual and large and small group counseling experiences in which students serve as school counselors-in-training at pre-arranged school sites.

5. **Course Objectives:** Through the extensive practice of individual and small group counseling, large group classroom guidance, the completion of written and simulated tasks included in the training program, and integration of theory, process, and professional issues, students will be able to demonstrate abilities in the following competency domains:
   a. Demonstrate the ability to understand, apply and adhere to ethical and legal standards in school counseling (CACREP III SC. A.2; B.1)
   b. Demonstrate self-awareness, sensitivity to others, and the skills needed to relate to diverse individuals, groups, and classrooms (CACREP III SC. D.1)
   c. Know the theories and processes of effective counseling and wellness programs for individual students and groups of students (CACREP III SC. C.1)
   d. Select appropriate assessment strategies and assess and interpret students’ strengths and needs, recognizing uniqueness in cultures, languages, values,
backgrounds, and abilities (CACREP III SC. H.1; H. 2) and help students cope with environmental and developmental problems (CACREP III SC. C.3).
e. Design and implement prevention and intervention plans related to the effects of (a) atypical growth and development, (b) health and wellness, (c) language, (d) ability level, (e) multicultural issues, and (f) factors of resiliency on student learning and development (CACREP III SC. D.3; L1)
f. Demonstrate the ability to use procedures for assessing and managing suicide risk (CACREP III SC. D.4)
g. Understand multicultural counseling issues, as well as the impact of ability levels, stereotyping, family, socioeconomic status, gender, and sexual identity, and their effects on student achievement (CACREP III SC. E.4).
h. Understand the potential impact of crises, emergencies, and disasters on students, educators, and schools, and knows the skills needed for crisis intervention (CACREP III SC. C.6)
i. Engage parents, guardians, and families to promote the academic, career, and personal/social development of students (CACREP III SC. F.4)
j. Understand the various peer programming interventions (e.g., peer meditation, peer mentoring, peer tutoring) and how to coordinate them (CACREP III SC. M.6).
k. Locate resources in the community that can be used in the school to improve student achievement and success (CACREP III SC. N.2).
l. Consult with teachers, staff, and community-based organizations to promote student academic, career, and personal/social development (CACREP III SC. N.3)
m. Understand the outcome research data and best practices and apply relevant research findings to inform the practice of school counseling. (CACREP III SC. I. 4; J. 1).
n. Demonstrate the ability to recognize his or her limitations as a school counselor and to seek supervision or refer clients when appropriate (CACREP III SC. D.5)

6. **Course Content and Schedule:**

**Course Content:**

Each week’s class will include a discussion of the counseling related topics pertinent to the stages of the counseling practice, such as relationship building, case conceptualization, counseling planning, and formative and summative evaluations of cases. Supervisees will also discuss specific topics arising from practicum experiences during the week. Students are strongly recommended to reflect on their practice and incorporate identified strengths and weaknesses into their plans for on-going personal and professional growth. In addition, one student per week will present a case for group discussion and receive feedback.

**Week 1: Course Introduction**

A. Learn course requirements
B. Meet individual supervisors and plan for supervision
Week 2: Dimensions of Working in School Counseling  
A. Beginning stages of group and individual counseling  
B. Goal Development: Developing goals for students  
C. Develop goals and objectives for practicum experiences

Week 3: Additional functions of a school counselor  
A. RTI/504  
B. Special Education/IEP

Week 4: Case Consultation  
A. Case consultation and conceptualization skills  
B. Review of individual and group counseling skills  
C. Addressing professional development issues  
D. Developing treatment plans

Weeks 5-13: Case Consultation and Case Presentations  
A. Case consultation  
B. Case Presentations and group feedback

Weeks 14-15: Case Consultation, and Self-Evaluation of Progress  
A. Case consultation  
B. Evaluate individual progress toward goals and objectives  
C. Evaluating counseling plans

* Due (Week 15): Field Experience Binder including  
  1. Practicum log (should be signed by the site supervisor weekly)  
     ✔ Copy provided to University Supervisor  
  2. Three (3) evaluations forms:  
     ✔ Site Supervisor  
     ✔ University Supervisor  
     ✔ Student Self-evaluation.  
  3. Case Presentation  
     ✔ Treatment Plan  
     ✔ Intake/Assessment materials  
     ✔ Case Conceptualization  
     ✔ Progress Note  
     ✔ Session Summary

7. Course Requirements:  
A. Class and practicum attendance: The expectation is held that students will attend all classes (group supervision). In addition to this group supervision, students are required to attend 1 hour of University individual supervision per week. As with class attendance, attendance is mandatory. In case of absence due to illness or other crisis condition, practicum students will notify all supervisors (university supervisor, course instructor and site supervisor). Students who miss more than one practicum class or supervision will automatically fail the course.
B. **On-going counseling:** Students should complete a minimum of **100 total practicum hours**, which include a minimum of **40 direct service hours** to pass this class. These direct hours are primarily accrued by providing individual counseling services; however, students can accrue up to 15 hours of group counseling in practicum. Students are required to spend a minimum of **10 hours on site per week and no more than 12 hours** (unless otherwise directed by the Program Coordinator, Internship Placement Coordinator, Site Supervisor or Course Instructor). Students are required to be at their site engaged in professional activities and counseling throughout the duration of the semester, even if they have completed their hour requirement.

C. **Work samples:** Students are expected to submit an average of **two recorded counseling sessions weekly throughout the semester** in which they are enrolled in practicum. Students must submit a minimum of **15 work samples** throughout the semester in order to complete practicum. A **Consent to Tape** form must be obtained from each client before taping. If the client is unable to consent (e.g., minor) then you must obtain consent from the legally recognized guardian.

In the rare case that the practicum site does not permit recordings, live supervision must be conducted by the student’s site supervisor, meaning the supervisor will sit in on or otherwise observe the student’s counseling sessions with clients. Such live supervision must be completed on a weekly basis and be documented by the site supervisor. A minimum of 15 live observations would be needed to complete the requirement for the course.

D. **Client file(s):** Students will maintain the following documents in a file for each client and group with identifying data not included (students are asked to code files)
   - Progress notes for each counseling session
   - *Note: Students must have a progress note for each direct hour documented on their log*
   - Session summaries for each recorded counseling session
   - Treatment plans

E. **Individual Supervision:** The assigned university supervisor will provide individual supervision weekly. Prior to this meeting, students should review tapes on their own and complete a typed session summary form for every client weekly. **Students must turn in all recorded tapes and all summaries 48 hours prior to supervision.** In addition, students must submit a printed binder (submitted at midterm and final) that includes the practicum log, evaluation forms, *client files (including up to date progress notes) and the toolbox. Please note that individual supervisors may request additional materials to be added to the G drive for review (e.g., other evaluation forms, tape transcripts, etc.). The individual supervisor will complete both a midterm and a final evaluation of the student (it is the practicum student’s responsibility to provide blank copies of the evaluation to their supervisor).

It is the student’s responsibility to make up absences in individual supervision **immediately.** A student who has not been supervised during their weekly meeting and
is unable to make it up within that week will be unable to see clients on site until they have made up their individual supervision time.

F. **Group Supervision:** Group supervision occurs weekly during the designative class time for practicum, in which students participate in discussions about counseling issues, skills development, case conceptualization, and specific issues identified by the course instructor. Readings will be assigned using journals and other sources. Students are expected to link relevant material from the readings to their work with clients in discussion during group supervision.

G. **Site Supervision:** All students will have a designated site supervisor. Although these interactions may vary, onsite supervision typically includes opportunities for on-going supervision, consultation, and collaboration. Site supervisors will have (1) a minimum of a master’s degree in counseling or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of counseling experience; (4) knowledge of the CMHC program’s expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision. Site supervisors will complete both a midterm and a final evaluation of the student.

H. **Client Case Conceptualization:** Students are expected to develop a PowerPoint presentation and present all components of the presentation in group supervision. The following components are required:

1. Client’s presenting concern and background information gathered at first appointment
2. Information gathered via formal and/or informal assessments
3. Client’s goals for counseling
4. Conceptualization of the client’s concerns through a theoretical lens (including all components of the Case Conceptualization Guidelines)
5. Plan for counseling including short-term and long-term goals, theory-based interventions, and evaluation (e.g., treatment plan)
6. Description of a single counseling session’s focus, goals, interventions, process, and observations of progress (e.g., progress note)
7. At least one segment of the audio recording of this counseling session that demonstrate the student’s counseling skills (e.g., assessment, implementing an intervention, evaluating the effectiveness of counseling, etc.).

I. **Field Experience Documentation:** Students must submit the following items (in hard copy) to their university group supervisor to receive final grades. These items will be placed in each student’s permanent file stored in 2084 Haley Center. The items include:

- Practicum Information Form
- All supervisors’ evaluation forms (Site, University)
- Self-Evaluation Form
- The Practicum Log
8. **Grading and Evaluation Procedures:**

The COUN 7910 course grade is determined by classroom and site performance. To successfully pass the Practicum Course, students must attend classes, complete practicum assignments, submit the appropriate documentation (including practicum hours log and evaluations) and successfully complete the 100-hour practicum experience, including a minimum of 40 direct hours that are verified by the site supervisor as evidenced in a signed counseling log. Students will not pass the course if they have poor attendance at the site or in the classroom, do not submit class assignments, do not obtain a satisfactory midterm/final evaluation, are accused of fraudulent log documentation, are accused of an ethical violation, do not demonstrate appropriate professional behaviors or any other behaviors deemed inappropriate as cited in the COUN Handbook, Professional Experiences Handbook, Code of Ethics and AU Graduate School Standards. Grades are S/U.

9. **Class Policy Statements:**

Students are expected to attend all supervisory sessions and class meetings and participate in all classroom exercises (Student EPolicy Handbook). Should students need to be absent for any reasons, they must contact the course instructor before missing that class meeting. Students who need special accommodations should make an appointment to discuss the “Accommodation Memo” during office hours as soon as possible. If you do not have an Accommodation Memo, you should visit the Office of Accessibility at 1228 Haley Center, 844-2096 (V/TT).

Dates for completing assigned class activities are noted in the course calendar. Unless otherwise notified, students should assume no deviation regarding these dates/assignments. Students anticipating difficulties in attending class on a date scheduled assignments are due should seek permission from the instructor to turn in an assignment prior to the due date. Students assume the responsibility for contacting the instructor to make suitable arrangements for making-up an assignment within 48 hours. The make-up assignment must be completed 2 weeks of the students’ return to class. Failure to comply with these stipulations may result in the student receiving a grade of (0) zero for the missed assignment.

Students must maintain confidentiality of all case discussion. The discussion of cases outside of the group setting with any other persons other than those in the agency of the placement, the client, or the instructor is grounds for being dismissed from the class with a grade of “U” unsatisfactory. This action would be considered highly unethical behavior (see ASCA’s Ethical Standards for School Counselors and American Counseling Association Code of Ethics). Additionally, to maintain client confidentiality, no specific identifying information regarding the client will be allowed in group supervision. Simply client code (e.g. a first name) of the person in discussion and/or some other code (e.g. initials) on all documentation will be appropriate. Classroom civility is expected. Please turn off cellphones or pagers before entering class.
Useful Websites:

Alabama School Counselor Association
American School Counselor Association
American Counseling Association
Alabama Counseling Association
US Department of Education
Alabama State Department of Education
Auburn City Schools
Opelika City Schools
PROGRESS NOTES AND SESSION SUMMARIES

Progress notes provide a means for monitoring a client’s progress throughout treatment/counseling. Progress notes are also used to examine a client’s progress toward treatment/counseling goals, the development of new issues and goals, and the modification of the initial treatment/counseling plan. In supervision, these notes provide a means for the supervisor to track the progress of the client and the supervisee. **Progress notes must be completed for all client/student hours that are documented on the practicum log.**

Progress notes should be brief, concise, and should be written as soon as possible following the counseling session. The notes should include only relevant information, thus in writing your progress notes “avoid labeling, judging, and the using terminology that may be stigmatizing to the client” (Hansen, Rossberg, & Cramer, 1994, p. 306). Remember that clients have the right to review their case records.

Session objectives and therapeutic interventions should relate to the overall treatment/counseling plan for the client. Progress notes should include specific client information and may be supported by behavioral observations, assessment measures, client statements, and other observations by the counselor. Progress notes also allow you to monitor changes that may result in a modification of the treatment/counseling plan for a client.

The following progress note format focuses on session objectives, therapeutic interventions, session evaluation, and plans for next session. It is essential to the supervisory process that you include all relevant information. Please include in the evaluation section any specific questions or concerns you might have for your supervisor. Finally, these progress notes are not meant to substitute for progress note required at your site.

SESSION SUMMARY

Session summary forms are to be completed for all digitally taped sessions (work samples). The session summary form is used to provide the supervisor with an opportunity to evaluate the session but also explore the issues and concerns the student may have about the session, the counseling process, or the supervisory process.

Session summaries also provide the student with an opportunity to reflect on and examine the counseling process. It is recommended that students consider all aspects of the counseling process when completing the form. Students should always complete all sections of the form and develop questions or issues to address in supervision.
SAMPLE PROGRESS NOTE FORMAT- INDIVIDUAL

Client: MK

Date: ________________

Counselor-in-training: S. Jones

Session Number: __2__

Session Objective(s): In brief format, describe the specific session objective(s). These objectives should relate to the goals and objectives outlined in your treatment/counseling plan.

EX: The objective in this session was to have the client identify the specific living skills they would like to work on in counseling.

Therapeutic Intervention(s): This section should discuss the specific therapeutic techniques, skills, or activities you used in the session to assist the client in working through the session objective(s).

EX: Initially I worked with the client on brainstorming, generating ideas for living skills. This occurred after getting the client to focus on his goal of living independently. Then I helped the client prioritize skills and select three for our sessions.

Evaluation: This section should provide an overview of the session in relation to the objective(s) established for this session. This may include consideration of client progress, evaluation of your role as counselor, critical issues that arose, client - counselor dynamics, and issues that may have led to a revision of the original session objectives or treatment/counseling plan. Specific questions or concerns for the supervisor can be put in bold or underlined.

EX: Initially there was some difficulty in focusing the client. He seemed very distracted and had difficulty maintaining eye contact. Brainstorming was useful when I focused the goal of independent living. The client was resistant to prioritizing living skills "I want to do all of them." I worked on refocusing and together we identified three goals to begin with in our sessions (an apartment, a job, a car). I need to develop some other techniques for refocusing the client.

Plan(s) for Next Session: This should include consideration of overall objectives and what occurred in the previous session.

EX: The focus will be on independent living skills related to living in an apartment (e.g., finding an apartment, paying bills, etc.).
SESSION SUMMARY
COUN 7910

The Session Summary form contains a Progress note section and Session Process Questions.

Progress Note to be submitted to supervisors weekly:

Client Code/Group Title: ___________________________ Date: ________________

Counselor-in-Training: ___________________________ Session Number: ____________

Session Objective(s):

Therapeutic Intervention(s):

Evaluation:

Plan(s) for Next Session:

Session Process Questions

To be completed for each taped client session and turned in to supervisors weekly.

Supervisor: ____________________________________________

1. Identify any critical incidents that occurred in the session. Describe these incidents and how they may have related to the counseling relationship, counseling outcomes, or your development as a counselor?

2. Discuss your goals for the session and the specific methods, processes, or interventions you used to accomplish these goals.

3. Discuss specific questions or concerns you want to address in supervision. This can include identifying a specific segment of the counseling session tape.

4. Discuss any goals you may have related to this counseling session and your supervision or development.
INDIVIDUAL COUNSELING PLAN

Client Code: _______________________________       Date: ____________________

Counselor-in-training: ________________________________________________________

Counseling Focus:

Diagnostic Information:

Long-term Goals:
1. 2.
3. 4.

Short-term Objectives
1. 1.
2. 2.
3. 3.
4. 4.

Therapeutic Intervention(s)

Changes to Counseling Plan (please note reason and type of modification)
1. 2. 3.

Counseling Plan Evaluation (note session and date)
1. 2. 3.
CASE CONCEPTUALIZATION

Client (Pseudonym):________________________ Number of Sessions/Date of Last Session: ____

Counselor In-Training:________________________ Date: __________

1. Personal Concerns related this session:

2. Professional Development Goals:

3. Rationale for section of audio tape presented:

4. Description of the Student:

5. Mental Status of the Student:

6. Presenting Issue or reason for referral:

7. Relevant Background Information

8. Multicultural Considerations:

9. How do these considerations impact your work with this student as a practicing school counselor?

10. Individual Strengths (including observations from sessions):

11. Current Status of your work with the student:

12. Treatment Goals:

13. Treatment Interventions/Therapeutic Approaches:

14. Questions or Concerns for which you would like to receive peer feedback (3 to 4 questions):
CASE PRESENTATION EVALUATION RUBRIC

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Comments:

Case Presentations contain these materials and a brief presentation in class (with copies provided to all peer supervisors)

- Intake
- Case Conceptualization Form
- Counseling Plan
- Case Presentation
  - Overall Client Goals
  - Session Focus Goals and Process
  - Session Summary/Progress Note
  - Identified Intervention with resources: Should include brief discussion of intervention, theoretical foundation, rationale, evaluation of outcomes or indicators, and resources

Evaluation:

Marginal: Has not demonstrated the competency area or has demonstrated the competency with significant deficits.

Developing: Has demonstrated some components of the competency area while still demonstrating a need to address or develop skills in other aspects of the competency area.

Competent: Has demonstrated all requirements attached to the competency area.

Students who receive marginal scores in any of the areas will need to resubmit requirements in that area for review. This may include remediation and work with their University Supervisor to develop competency.
COUN 7920 SYLLABUS

1. Course Number: COUN 7920
   
   Course Title: Internship in School Counseling
   Credit Hours: 9 Semester hours
   Prerequisites: COUN 7910; departmental approval
   Semester/Year: Spring 2017
   Instructor of Record: Malti Tuttle, PhD, LPC, NCC
   2058 Haley Center
   334) 844-3724
   mst0022@auburn.edu

   Class Time and Place: TBD

2. Date Syllabus Prepared:
   September 1998; Reviewed and updated: 12/00; 3/02; 9/02; 12/04; 12/06; 12/07; 12/10; 12/12; 12/13; 12/14; 12/15; 12/16

3. Text(s):
   Required:

   Recommended:
4. **Course Description:** The concept of the internship program is to the counselor candidate with an on-job-training experience performing the duties of a counselor in a school of the type in which he/she is most interested. Internships are viewed as the culminating activity in degree programs, and, as such, ordinarily follow the completion of coursework and the full complement of supervised counseling practica. Thus, by the time students enter the internship phase of their programs, they are prepared to provide valuable services to the schools in which they are placed.

5. **Course Objectives:** Interns will perform, under the supervision of a certified school counselor, the work roles, and responsibilities of a fully employed school counselor. Based on the standards addressed in the 2016 CACREP Standards Section 5.G. and Alabama State Department of Education school counseling codes (290-3-3-.50), by the end of the course students will have successfully performed the following activities.

- Use assessments specific to P-12 education (CACREP5.G.1.e; SED 290-3-3.50(3)(d)1(iii))
- Act as leaders, advocates, and systems change agents in P-12 schools (CACREP5.G.2.a; SED 290-3-3-.50(3)(o)1(iii))
- Plan and implement college and career readiness activities (CACREP5.G.2.c; SED 290-3-3-.50(3)(d)1(ii); (m)2(iii))
- Participate in school leadership and multidisciplinary teams (CACREP5.G.2.d; SED 290-3-3-.50(3)(a)2(i))
- Advocate for school counseling roles (CACREP5.G.2.f; SED 290-3-3-.50(3)(i)2(ii); (k)2(iii))
- Apply and adhere to legal and ethical standards specific to school counseling (CACREP5.G.2.n; SED 290-3-3-.50(3)(i)2(i))
- Examine school counseling program mission statements and objectives (CACREP5.G.3.a; SED 290-3-3-.50(3)(o)2(ii))
- Evaluate school counseling programs (CACREP5.G.3.b; SED 290-3-3-.50(3)(o)2(ii))
- Design core curriculum and develop lesson plans; Identify classroom management strategies and differentiated instructional strategies (CACREP5.G.3.c; SED 290-3-3-.50(3)(m)2(iii))
- Develop interventions to promote academic development (CACREP5.G.3.d; SED 290-3-3-.50(3)(m)2(ii))
- Identify strategies to facilitate school and postsecondary transition (CACREP5.G.3.g; SDE 290-3-3.50(3)(a)13; 14; SDE 290-3-3.50(2)(b)1))
- Identify approaches to increase promotion and graduation rates (CACREP5.G.3.i; SDE 290-3-3.50(3)(m)2(iii))
- Identify interventions to promote college and career readiness (CACREP5.G.3.j; SDE 290-3-3-.50(3)(m)2(ii))
- Identify strategies to promote equity in student achievement and college access (CACREP5.G.3.k; SDE 290-3-3-.50(3)(k)2(iii))
- Identify techniques to foster collaboration and teamwork within schools (CACREP5.G.3.l; SDE 290-3-3.50(3)(n)2(i))
- Use accountability data to inform decision making (CACREP5.G.3.n; SDE 290-3-3.50(3)(g)2; (l)2(iii))
- Use data to advocate for programs and students (CACREP5.G.3.o; SDE 290-3-3-.50(3)(l)2(ii))
- Advocate for school policies, programs, and services that enhance a positive school climate and are equitable and responsive to multicultural student populations. (SDE 290-3-3-.50(3)(k)2(iii))
- Understand the school counseling programs’ integral relationship to the total educational program. (SDE 290-3-3-.50(3)(i)1(iii))

<table>
<thead>
<tr>
<th>Learning Objectives</th>
<th>Class Requirement</th>
<th>Artifact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completion of 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area. Internship students complete at least 240 clock hours of direct service. CACREP 3 J and K</td>
<td>All students will maintain their CPS approved placement.</td>
<td>Students will maintain a counseling log documenting all indirect and direct hours completed.</td>
</tr>
<tr>
<td>Weekly interaction that averages one hour per week of individual and/or triadic supervision throughout the internship, performed by the onsite supervisor. CACREP 3L</td>
<td>Site supervisors will provide one hour of supervision each week.</td>
<td>Student will maintain a counseling log documenting all supervision hours received.</td>
</tr>
<tr>
<td>Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member CACREP 3M</td>
<td>Students will meet for a three-hour course bi-weekly for group supervision.</td>
<td>Attendance will be verified by the instructor.</td>
</tr>
<tr>
<td>The opportunity for the student to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship. (e.g., record keeping, assessment instruments, supervision, information, and referral, in-service and staff meetings). CACREP 3D</td>
<td>Students will participate in professional development opportunities at their site as though they were a professional counselor.</td>
<td>During their site visit conducted by the instructor of record, professional development will be discussed and reviewed.</td>
</tr>
</tbody>
</table>
Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students’ interactions with clients. CACREP 3B

<table>
<thead>
<tr>
<th>Learning Objectives</th>
<th>Class Requirement</th>
<th>Artifact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Formative and summative evaluations of the student’s counseling performance and ability to integrate and apply knowledge are conducted as part of the student’s practicum and internship. CACREP 3C</td>
<td>Student will receive passing grades in the midterm and final evaluation to continue matriculation.</td>
<td>Evaluations will be submitted and reviewed by instructor of record.</td>
</tr>
</tbody>
</table>

6. **Course Content Outline:** Group supervision will occur during class time. Students will bring the cases which are deemed to be of concern or effective for the benefits of their clients and the learning of supervisees. Students will also take turns presenting cases for review in class. Case presentation will involve a write-up of the case as well as a verbal presentation. The presentations will be approximately 45 minutes in length. Course content will include topics relevant to intern’s clinical experiences and professional development. The content of the course will be largely determined by the expressed needs of the individuals enrolled as they work full time in a public school setting. For pre-assigned and emerging topics, students will interview site supervisors and be able to describe how relevant programs/skills/behaviors/strategies are actualized in their schools, and students will **read at least one professional article and book chapter** related to the topic prior to the class discussion.

**Class Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings/Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>TBD</td>
<td><strong>Introduction</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Course Overview &amp; Orientation to Internship</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Discussion Topics will be determined</td>
<td></td>
</tr>
<tr>
<td>TBD</td>
<td><strong>Addressing Concerns and Questions Related to Internship Requirements</strong></td>
<td>ASCA National Model Book</td>
</tr>
<tr>
<td></td>
<td>Case Consultation</td>
<td>Article Based on Identified Topics</td>
</tr>
<tr>
<td></td>
<td>Case Conceptualization</td>
<td><em>Case Conceptualization</em></td>
</tr>
<tr>
<td>TBD</td>
<td><strong>School Counselor Advocacy</strong></td>
<td>ASCA National Model Book</td>
</tr>
<tr>
<td></td>
<td>Curriculum Development</td>
<td>Article Based on Student Needs</td>
</tr>
<tr>
<td></td>
<td>Case Consultation</td>
<td><em>Case Conceptualization</em></td>
</tr>
</tbody>
</table>
| TBD | School Counselor and Principal Partnerships  
Preparing to Interview for Jobs  
Case Consultation  
Case Conceptualization | ASCA National Model Book  
Article Based on Student Needs  
Case Conceptualization |
|---|---|
| TBD | Data  
Case Consultation  
Case Conceptualization | ASCA National Model Book  
Article Based on Student Needs  
Case Conceptualization |

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings/Assignments</th>
</tr>
</thead>
</table>
| TBD | College and Career Readiness  
Case Consultation  
Case Conceptualization | ASCA National Model Book  
Article Based on Identified Topics  
Case Conceptualization |
| TBD | Case Consultation  
Case Conceptualization | ASCA National Model Book  
Article Based on Identified Topics  
Case Conceptualization |
| TBD | Debriefing and Course Evaluation | Turn all Internship Materials in by 5pm on this date... |

7. **Course Requirements/Evaluation:**

   A. **Accrual of Hours:**
      Field experience hours in this course are linked to certification standards. You must complete a minimum of 600 field experience hours to receive credit for this course. A minimum of 600 clock hours (9 semester credit hours) begins after completion of required practica (3 semester credit hours). Interns should provide all of the services that a regularly employed staff member in the setting would be expected to perform. **A minimum of 240 hours providing direct service to the student is required.** (A regularly employed staff member is defined as a person occupying the professional role to which the student is aspiring.) CACREP 3 J-L; SDE 290-3-3.50(4)(e)

   B. **Direct/Indirect Student Services:**
      Typically include those that are associated with delivery of interventions that include but are not limited to individual and small group counseling, classroom guidance/core curriculum, consultation (including service on school-based teams), appraisal, and peer facilitation training. Interns are expected to spend 80% or more of their time in direct and indirect services to students (ASCA National Model, 2012). System Support Services include such things as preparation for the aforementioned direct services, program planning, management, and evaluation activities, and coordination.

      Additionally, all students are required to provide at least ONE in-service activity designed to support the instructional mission of the school in which he or she is placed. SDE 290-3-3.50(3)(n)1(ii)-(iii)

      Implement activities in each of the four program components identified by the
American School Counselors Association and approved by the Alabama State Dept. of Education as a model plan for School Counseling Programs. These service delivery modalities include Guidance Curriculum (classroom guidance/core curriculum), Responsive Services (individual and group counseling, consultation), Individual Planning (career and academic planning) and System Support (professional development, public relations, program management). The amount of time spent in each program component must be consistent with the allotment suggested in the Alabama State Plan for the grade level(s) to which the intern is assigned. The intern
will understand the school counseling programs’ integral relationship to the total educational program. CACREP III. A. 5; CACREP III. P. 1.; SED 290-3-3-.50(3) (j)1; SED 290-3-3-.50(3) (j)2; SED 290-3-3-.50(3) (k)2

<table>
<thead>
<tr>
<th></th>
<th>Elementary</th>
<th>Middle/Jr. High</th>
<th>Secondary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Guidance Curriculum</td>
<td>35-45%</td>
<td>25-35%</td>
<td>15-25%</td>
</tr>
<tr>
<td>Individual Planning</td>
<td>5-10%</td>
<td>15-25%</td>
<td>25-35%</td>
</tr>
<tr>
<td>Responsive Services</td>
<td>30-40%</td>
<td>30-40%</td>
<td>25-35%</td>
</tr>
<tr>
<td>System Support</td>
<td>10-15%</td>
<td>10-15%</td>
<td>15-20%</td>
</tr>
</tbody>
</table>

C. Supervision:
   a. A minimum of 1 hour per week of live individual supervision by the site supervisor is required along with a minimum of one visit by the university supervisor.
   b. Group supervision will occur bi-weekly in the form of on-campus seminars averaging 3 hours per meeting. CACREP 3 M
   c. Site supervisors have (1) a minimum of a master’s degree, preferably in counseling, or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of pertinent professional experience in the specialty area in which the student is enrolled; (4) knowledge of the program’s expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision. CACREP 3 P

8. Grading and Evaluation Procedures:
   1. By the 2nd week, students should submit their internship information and goal statement. Internship goals and objectives should be specifically stated.
   2. At the midterm and conclusion of the internship period, the on-site supervisor completes a formal evaluation of the intern’s performance. Also, interns formally evaluate their sites and their site supervisors. In addition, University faculty supervisors work with on-site supervisors and interns throughout the internship period to: (a) establish appropriate internship agreements; (b) provide consultation and supervision for interns and site supervisors; (c) provide on-campus group supervision for interns; and (d) assign formal grades for internships, and, when appropriate, recommend interns for counselor licensure, certification, and/or employment.
   3. University faculty supervisors observe intern’s performance in classroom guidance and provide feedback. In the event of unsatisfactory performance, a follow-up observation must be scheduled.
   4. Students submit papers via Canvas on each of the pre-assigned topics.
5. **Minimally**, each intern must provide evidence of
   a. leading 12 classroom guidance/core curriculum sessions based on assessment of needs (one of which will be observed by the internship instructor)
   b. leading 4 small groups for four or more sessions based on assessment of needs
   c. providing individual services for at least 15 students with four or more of these students receiving more than two sessions
   d. implementing 2 consultation plans for teachers (one academic and one behavioral)
   e. implementing 1 consultation plan for parents
   f. conducting 1 professional development seminar for either parents or teachers based on assessment of needs (e.g. using assessment results for career and educational planning)
   g. participating in planning and/or delivering 1 school-wide activity (e.g., career day, honors day, etc.)
   h. participating in 1 professional development activity
   i. systematic evaluation of all interventions delivered during the internship
   j. attending school-based support team meetings, regularly scheduled faculty meetings, IEP meetings if appropriate
   k. disaggregating and analyzing data (test result, grades, enrollment patterns) to discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrollment in more challenging courses (secondary)
   l. disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades.

* Students are encouraged to turn each of the above in when they terminate the activities (e.g., terminate with students or conclude their groups) for feedback.

* The evidences need not all come in at the end of the term.

**Students will submit the following materials at the conclusion of the internship (Portfolio):**

a. A log detailing their activities and the time spent in each (Form 2).

b. An individual counseling plan for a long-term student (defined as one seen 3 or more times) and description of evaluation of outcomes (Form 3).

c. A group counseling plan and description of evaluation of outcomes (Form 4).

d. A classroom guidance/core curriculum plan and description of evaluation of outcomes (Form 5 & 6).

e. A consultation plan and description of evaluation of outcomes (Form 7).

f. Reflection on the application of a decision-making model/ASCA Ethical Standards to an ethical dilemma encountered during the internship period. A description of the problem, the model, the dilemma, and the resolution should be included.

g. Outline of in-service activities.

h. Reflection on internship experience.
i. On-site supervisor mid-term and final evaluations of the intern’s performance (Form 8).

j. Intern’s formal evaluation of their sites (Form 11).

k. Mid-term and final self-evaluations (Form 10)

9. **Class Policy Statements:**

a. Students are expected to participate in all supervisory class discussions and participate in all exercises and activities. It is the student’s responsibility to contact the instructor if deadlines are not met. Students are responsible for initiating arrangements for missed work. Additionally, students are expected to attend work at their internship site. Attendance is **required** at each class meeting and at the internship site. Students who miss class or internship hours on site because of illness need a doctor’s statement for verification of sickness and should clear the absence with the instructor or site supervisor. Other unavoidable absences from campus must be documented and cleared with the instructor or site supervisor in advance.

b. Students will take only one Spring Break during their internship experience to ensure their 15-week requirement at their site is fulfilled. Students should take the Spring Break aligned to their site if the break is scheduled differently than the university. Also, students will attend the internship class if their site is on Spring Break and the university is in session.

c. Students are also expected to demonstrate an understanding of ethical and professional issues related to competent practice with diverse populations.

d. Please **turn off** or turn all electronic devices to vibrate before entering class. Cell phones are not to be answered in class. If you receive a call, please exit the classroom or wait until a scheduled break before answering the call.

e. Students who need accommodations are asked to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternative time can be arranged. To set up this meeting, please contact me by e-mail. Bring a copy of your Accommodation Memo and an Instructor Verification Form to the meeting. If you do not have an Accommodation Memo but need accommodations, make an appointment with the **Office of Accessibility** at 1228 Haley Center, 844-2096 (V/TT).

f. The University **Academic Honesty Code** and the **Student EPolicy Handbook** Rules and Regulations pertaining to Cheating will apply to this class.

g. Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:
   - Engage in responsible and ethical professional practices
   - Contribute to collaborative learning communities
   - Demonstrate a commitment to diversity
   - Model and nurture intellectual vitality
Justification for Graduate Credit (for Graduate Credit Only)

Graduate courses “should be progressively more advanced in academic content than undergraduate programs” and should “foster independent learning” (SACS guidelines 3.6.1 and 3.6.2). Further, the guidelines presented in the Statement of Clarification of the Definition and Use of 6000-level courses as approved by the Graduate Council, May 21, 1997, apply.
<table>
<thead>
<tr>
<th>CACREP Standard - As a result of this course student learns/gains the following:</th>
<th>Curriculum Experience</th>
<th>Outcome Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>CACREP Standard 5.G.1.e. Use assessments specific to P-12 education</td>
<td>• Students will utilize needs assessments and school data to inform interventions, such as classroom guidance/core curriculum, small group and individual counseling, programs and services</td>
<td>• Leading 12 classroom guidance/core curriculum sessions based on assessment of needs • Leading 4 small groups for four or more sessions based on assessment of needs • Disaggregating and analyzing data (test result, grades, enrollment patterns) to discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrolment in more challenging courses (Secondary) • Disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades</td>
</tr>
<tr>
<td>CACREP Standard 5.G.2.a Act as leaders, advocates, and systems change agents in P-12 schools</td>
<td>• Students will collaborate and consult with teachers to create a plan to provide appropriate interventions. Students will collaborate and consult with parents to</td>
<td>• Implementing 2 consultation plans for teachers (one academic and one behavioral) • Implementing 1 consultation plan for parents</td>
</tr>
<tr>
<td>CACREP Standard - As a result of this course student learns/gains the following:</td>
<td>Curriculum Experience</td>
<td>Outcome Assessment</td>
</tr>
<tr>
<td>---</td>
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</tr>
</tbody>
</table>
| | create a plan to provide appropriate interventions  
• Students will attend support team meetings  
• Students will utilize data to provide to inform advocacy and systemic change | • Attending school-based support team meetings, regularly scheduled faculty meetings, IEP meetings if appropriate  
• Disaggregating and analyzing data (test result, grades, enrollment patterns) to discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrollment in more challenging courses (Secondary)  
• Disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades | |
| CACREP 5.G.2.b Consult with families, P-12 and postsecondary school personnel, and community agencies | • Students will consult with stakeholders to provide appropriate interventions for students | • Implementing 2 consultation plans for teachers (one academic and one behavioral)  
• Implementing 1 consultation plan for parents  
• Attending school-based support team meetings, regularly scheduled faculty meetings, IEP meetings if appropriate | |
<table>
<thead>
<tr>
<th>CACREP Standard</th>
<th>Curriculum Experience</th>
<th>Outcome Assessment</th>
</tr>
</thead>
</table>
| **CACREP5.G.2.c** <br>Plan and implement college and career readiness activities | • Students will provide activities for all students that aligning with college and career readiness | • Leading 12 classroom guidance/core curriculum sessions based on assessment of needs  
• Participating in planning and/or delivering 1 school-wide activity (e.g., career day, honors day, etc.) |
| **CACREP5.G.2.d** <br>Participate in school leadership and multidisciplinary teams | • Students will attend meetings and advocate for students | • Attending school-based support team meeting, regularly scheduled faculty meetings, IEP meetings if appropriate |
| **CACREP5.G.2.f** <br>Advocate for school counseling roles | • Students will provide 1 in-service activity addressing the role of school counseling services and programs | • Conducting 1 professional development seminar for either parents or teachers based on assessment of needs (e.g., using assessment results for career and educational planning)  
• Participate in 1 professional development activity |
**CACREP5.G.2.n**  
Apply and adhere to legal and ethical standards specific to school counseling

<table>
<thead>
<tr>
<th>Curriculum Experience</th>
<th>Outcome Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Students will utilize a decision-making model/ASCA Ethical Standards</td>
<td>• Reflection on the application of a decision-making model/ASCA Ethical Standards to an ethical dilemma encountered during the internship period. A description of the problem, the model, the dilemma, and the resolution should be included.</td>
</tr>
</tbody>
</table>

**CACREP Standard-As a result of this course student learns/gains the following:**

<table>
<thead>
<tr>
<th>Curriculum Experience</th>
<th>Outcome Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Students will examine outcomes to evaluate school counseling programs</td>
<td>• An individual counseling plan for a long-term student (defined as one seen 3 or more times) and description of evaluation of outcomes</td>
</tr>
<tr>
<td>• Leading 12 classroom guidance/core curriculum sessions based on assessment of needs</td>
<td></td>
</tr>
</tbody>
</table>

**CACREP5.G.3.b**  
Evaluate school counseling programs

<table>
<thead>
<tr>
<th>Curriculum Experience</th>
<th>Outcome Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Students will provide classroom guidance/core curriculum lessons</td>
<td>• Leading 12 classroom guidance/core curriculum sessions based on assessment of needs</td>
</tr>
</tbody>
</table>

**CACREP5.G.3.c**  
Design core curriculum and develop lesson plans; Identify classroom management strategies and differentiated instructional strategies
<table>
<thead>
<tr>
<th>CACREP Standard</th>
<th>Curriculum Experience</th>
<th>Outcome Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>CACREP5.G.3.d</td>
<td>Students will provide interventions and services to support student academic development</td>
<td>Implementing 2 consultation plans for teachers (one academic and one behavioral)</td>
</tr>
<tr>
<td></td>
<td>Students will provide interventions and services to support student academic development</td>
<td>Conducting 1 professional development seminar for either parents or teachers based on assessment of needs (e.g. using assessment results for career and educational planning)</td>
</tr>
<tr>
<td></td>
<td>Students will provide interventions and services to support student academic development</td>
<td>Leading 12 classroom guidance/core curriculum sessions based on assessment of needs</td>
</tr>
<tr>
<td></td>
<td>Students will provide interventions and services to support student academic development</td>
<td>Providing individual services for at least 15 students with four or more of these students receiving more than two sessions</td>
</tr>
<tr>
<td>CACREP5.G.3.e</td>
<td>Students will implement appropriate career counseling interventions based on the needs to the school</td>
<td>Participating in planning and/or delivering 1 school-wide activity (e.g., career day, honors day, etc.)</td>
</tr>
<tr>
<td></td>
<td>Students will implement appropriate career counseling interventions based on the needs to the school</td>
<td>Leading 12 classroom guidance/core curriculum sessions based on assessment of needs</td>
</tr>
<tr>
<td>CACREP Standard</td>
<td>Curriculum Experience</td>
<td>Outcome Assessment</td>
</tr>
<tr>
<td>-----------------</td>
<td>-----------------------</td>
<td>--------------------</td>
</tr>
<tr>
<td>As a result of this course student learns/gains the following:</td>
<td></td>
<td>• Providing individual services for at least 15 students with four or more of these students receiving more than two sessions</td>
</tr>
</tbody>
</table>

• Students will attend meetings, collaborate, and examine data to identify strategies to facilitate school and postsecondary transition

• Attending school-based support team meetings, regularly scheduled faculty meetings, IEP meetings if appropriate

• Disaggregating and analyzing data (test result, grades, enrollment patterns) to discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrollment in more challenging courses (Secondary)

• Disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades

CACREP5.G.3.g Identify strategies to facilitate school and postsecondary transition
| CACREP5.G.3.i | Identify approaches to increase promotion and graduation rates | • Students will examine data to identify approaches to increase promotion and graduation rates | • Disaggregating and analyzing data (test result, grades, enrollment patterns) to discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrolment in more challenging courses (Secondary) • Disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades |
| CACREP5.G.3.j | Identify interventions to promote college and career readiness | • Students will implement appropriate college and career readiness counseling interventions based on the needs of the school | • Participating in planning and/or delivering 1 school-wide activity (e.g., career day, honors day, etc.) • Leading 12 classroom guidance/core curriculum sessions based on assessment of needs |
| CACREP5.G.3.k | Identify strategies to promote equity in student | • Students will examine data to identify strategies to promote equity in | • Disaggregating and analyzing data (test result, grades, enrollment patterns) to |

**CACREP Standard—As a result of this course student learns/gains the following:**

<p>| Curriculum Experience | Outcome Assessment |</p>
<table>
<thead>
<tr>
<th>achievement and college access</th>
<th>student achievement and college access</th>
<th>discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrolment in more challenging courses (Secondary)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades</td>
<td>• Students will examine data to inform decision making</td>
<td>• Disaggregating and analyzing data (test result, grades, enrollment patterns) to discover students who are not taking the highest level of coursework of which they are capable and development of a plan to increase enrolment in more challenging courses (Secondary)</td>
</tr>
<tr>
<td>CACREP 5.G.3.n Use accountability data to inform decision making</td>
<td>• Disaggregating and analyzing data (discipline, attendance, grades) to discover groups of students at risk for academic failure and to develop a plan for improving grades</td>
<td></td>
</tr>
</tbody>
</table>
SCHOOL COUNSELING INTERNSHIP HOURS LOG

Intern: ____________________________  Site: ____________________________

University Supervisor: ________________  Site Supervisor: ________________

For Weeks 1 – 15, use the following chart as a log to record internship activities. Create a new chart for each week.

<table>
<thead>
<tr>
<th>Week # _____</th>
<th>School Counseling Core Curriculum:</th>
<th>Individual Planning</th>
<th>Responsive Services</th>
<th>Indirect Student Services</th>
<th>Foundation, Management, Accountability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Instruction, Group Activities</td>
<td>Appraisal, Advisement</td>
<td>Counseling, Crisis Response</td>
<td>Referrals, Consultations, Collaboration</td>
<td>Program Planning, Assessment, Program Improvement</td>
</tr>
<tr>
<td>Topics</td>
<td>Direct Service Hours</td>
<td>Indirect Service Hours</td>
<td>Supervision</td>
<td>Total Hours</td>
<td></td>
</tr>
</tbody>
</table>

At the end of the semester, record the semester totals in the following chart:

<table>
<thead>
<tr>
<th>Semester Total Direct Service</th>
<th>School Counseling Core Curriculum:</th>
<th>Individual Planning</th>
<th>Responsive Services</th>
<th>Indirect Student Services</th>
<th>Foundation, Management, Accountability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Semester Total Indirect Service</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Supervision Hours</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Signatures

Intern: ________________________________  Date: __________

Site Supervisor: ________________________  Date: __________

Group Supervisor: ______________________  Date: __________
LESSON PLAN TEMPLATE

School Counselor: ___________________________ Date: ________
Activity: ________________________________
Grade(s): ______________________________________
ASCA Mindsets & Behaviors (Domain/Standard):
_________________________________________
_________________________________________
_________________________________________
_________________________________________
_________________________________________
Learning Objective(s) (aligns with competency):
1. _________________________________________
2. _________________________________________
3. _________________________________________
Materials:
_________________________________________
_________________________________________
_________________________________________
_________________________________________
_________________________________________
Procedure:
_________________________________________
_________________________________________
_________________________________________
Plan for Evaluation: How will each of the following be collected?

Process Data:

Perception Data:

Outcome Data:

Follow Up:
CLASSROOM GUIDANCE/CORE CURRICULUM FORMATIVE FEEDBACK

Date: 

Dear: 

The purpose of this letter is to provide you with feedback from the recent observation I conducted of you performing one or more of the tasks associated with the school counselor’s role. Additionally, I will at this time provide you with a summary of the overall strengths and areas for improvement identified by your site supervisor and myself to this point in the term. The feedback is intended to assist you in identifying professional development goals for the remainder of the internship period. Both your site supervisor and I are available to assist you in the formulation of these goals and to suggest interventions that facilitate and support your efforts to meet them.

Observation:

Date: Location: Grade: Activity: 

Rating Scale: 1 = not demonstrated; 2 = demonstrated minimally; 3 = demonstrated appropriately

<table>
<thead>
<tr>
<th>The intervention was:</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appropriate for the established goal</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age and grade appropriate</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Culturally sensitive and inclusive</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Consistent with accepted practices in the field of school counseling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Consistent with the program at the internship site</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>You demonstrated the following teaching behaviors and skills:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Begin lessons with something that will capture students’ interests</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outline the basic goal/plan of the lesson in the introduction</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Communicate clearly and accurately</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Move around the room to keep students engaged</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Show your enthusiasm and energy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Relax and smile</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use open-ended questions and facilitate discussions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Check often for understanding</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use diverse teaching and learning formats</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Create a supportive environment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Capture students’ attention</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Respect for individual differences in learning and experience</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use effective classroom management strategies</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The intervention was:

<table>
<thead>
<tr>
<th>Item</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Be knowledgeable in the content area</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stimulate and encourage all students’ involvement</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Establish positive relationships with students</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provide a smooth flow to lessons</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management time effectively</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restate your learning objective and summarize the lesson</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Overall Performance:**

Strengths:

Areas for improvement:

Sincerely,

Malti Tuttle, PhD, LPC, NCC
University Course Instructor

CC: Site Supervisor
Student file